



at 15 - It quickly became a lifelong passion!

He went on to play for the Mount Royal College Cougars, helping the team bring home a bronze medal at the CCAA Nationals.

Over the years, Darren has been involved with Team NT in just about every way—player, official, coach, and volunteer. After multiple knee surgeries forced him to step away from playing, coaching became his main focus.

He's coached Team NT girls at many National level events and in 2023, was selected by Volleyball Canada to be an assistant coach with the youth national team. That summer, he trained with the team and helped them earn a bronze medal at the Canada Cup.

Darren loves coaching and being part of each athlete's journey. He's passionate about helping players succeed both on and off the court—and believes volleyball is a great way to build confidence, teamwork, and other life skills that go far beyond the game.

NCCP Level 3 Performance Coach (Certified)

PLAYING HIGHLIGHTS

- ✓ Team NT 1987 Canada Games
- ✓ Mount Royal College Cougars
- √ Team NT Arctic Winter Games
 (1986, 1988, 1994, 1998)

COACHING HIGHLIGHTS

- ✓ 1989 Canada Games
- √ 2001 Canada Games (Beach)
- √ 2018 Arctic Winter Games
- √ 2019 Canada Cup
- ✓ 2019 Western Canada Summer Games
- ✓ 2022 Canada Cup
- ✓ 2022 Canada Summer Games
- ✓ 2023 Team Canada

 Youth National Team