



Jen Teed

***NCCP Level 1
Development Coach
(Certified)***

We're pumped to have Jen as part of our team! She has been with Yellowknife Ice since it started in 2023. Jen brings a wealth of experience and a contagious love for the game. As a player, she represented Team Yukon at Les JeuxFC, Western Canada Games, and Arctic Winter Games. She played club volleyball for five years and continued at the post-secondary level with the NAIT Oaks.

Since moving to Yellowknife, she's stayed connected to the game - playing recreationally and giving back as a coach.

Jen has coached both boys and girls at the high school level and has led club teams at U13 and U18.

What really stands out about Jen is her commitment to creating a safe, positive space for athletes. With her deep knowledge of Safe Sport practices, she's a strong advocate for respectful, athlete-first environments. Her energy, passion, and focus on player development make her a coach young athletes love to play for.