

Category: Female Athlete of the Year

1. Athletic Performance

- Exceptional skill, performance, and achievements in one or more sports.
- Consistent high-level performance during the year.

2. Sportsmanship

- Demonstrates respect for teammates, opponents, coaches, and officials.
- Plays with integrity and fairness.

3. Leadership

- Leads by example both on and off the field.
- Motivates and encourages teammates.
- Takes initiative and displays responsibility.

4. Academic Standing

- Maintains strong academic performance.

5. Coachability & Attitude

- Accepts feedback and strives to improve.
- Maintains a positive, growth-oriented mindset.