



## **EDMONTON FORZA FOOTBALL CLUB PLAYING TIME GUIDELINES**

Forza FC believes that all players at the club should be given the opportunity to play a fair amount of time throughout the course of the season. Players need consistent game time in order to gain experience and develop as a player. Injuries, and continuous run of play can impact the coaches ability to adhere to these guidelines. Goalkeepers may also be exempt from these guidelines. Playing time can be adjusted from game to game at the coaches discretion due to skill, ability, commitment, attendance, discipline and other reasonable factors. However, coaches should ensure players reach the minimum 50% (U8-U12) and 33% (U13-U17) playing time targets over the course of the entire season.

### **GRASSROOTS (U4-U11)**

Equal playing time at every game / festival for all players in attendance.

### **CLUB SOCCER (U8-U12)**

Coaches are expected to ensure each player receives a minimum of 50% of the total playing time for which they were available over the course of the season. It is expected that every player is provided multiple opportunities to start matches and experience all moments of the game.

### **CLUB SOCCER (U13-U17)**

Coaches are expected to ensure each player receives a minimum of 33% of the total playing time for which they were available over the course of the season. It is expected that every player is provided multiple opportunities to start matches and experience all moments of the game.