



**Rideau St. Lawrence
Minor Hockey Association
'A/AA'**

CONSTITUTION

Revised May 2026

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The Rideau St. Lawrence Minor Hockey Association Constitution and By-Laws shall govern the structure, elections and operations of the Rideau St. Lawrence Minor Hockey Association.

Article 1 – Name and Association:

- 1.1 The association shall be known legally as the Rideau St. Lawrence Minor Hockey Association (“RSL KINGS”), hereinafter referred to as the RSL Kings.
- 1.2 The RSL KINGS is a member of the Hockey Eastern Ontario Minor (HEO), and Hockey Canada, the governing body of amateur hockey in Canada.
- 1.3 The RSL KINGS shall have sole jurisdiction to govern and administer Competitive/Representative “AA” and “A” minor hockey within District One (1) of HEO.
- 1.4 The RSL Kings Constitution and Bylaws shall at all times conform to the regulations and policies of Hockey Eastern Ontario, and Hockey Canada. In the event of conflict, the governing body regulations shall prevail.

Article 2 – Purpose:

- 2.1 To provide a venue for players (male and female) of appropriate skill sets and attributes to participate in “A/AA” hockey opportunities.
- 2.2 To promote, supervise, and finance the hockey experience through registration, fundraising, sponsorship, and other activities. All funds raised shall be used solely to advance the objectives of RSL Kings and ensure responsible stewardship.
- 2.3 To recruit and engage qualified coaches, assistant coaches, managers, and volunteers to provide a positive and productive hockey experience, fostering player development in knowledge and skills.
- 2.4 Promote a hockey community where respect, dignity and encouragement is offered to each and every member, be they player, coach, official, volunteer or parent/family.
- 2.5 Emphasize good sportsmanship, good character and citizenship at all times, fostering a cordial and cooperative atmosphere.
- 2.6 Promise and safeguard the welfare of all members of the RSL KINGS.
- 2.7 To provide sound stewardship over association finances, including assets, revenues, expenditures, and fees, ensuring long-term sustainability.

Article 3 – Membership:

- 3.1 Membership in RSL Kings, in good standing shall consist of:
 - a. Parents or guardians of registered players in RSL KINGS
 - b. Coaches, assistant coaches, managers, and other team officials of RSL KINGS

- c. Members of the RSL KINGS Board of Directors
 - d. Persons appointed to be a specific function by the RSL KINGS Board of Directors.
- 3.2 To be considered a voting member of the RSL KINGS a member referred to in (3.1 – a-d) must have reached the minimum age of eighteen (18) years.
- 3.3 Each member in good standing is entitled to one ballot at the Annual General Meeting (AGM) and General Meetings.
- 3.4 A member not adhering to the Constitution, Bylaws, and Rules & Regulations may have their membership revoked or suspended, subject to a majority vote by the RSL Kings Executive Board.
- 3.5 Members are defined as players and their parents/guardians residing within the boundaries of District 1, as well as volunteers serving on any District 1 or member Association Executive. A parent/guardian with an active player on an RSL Kings team will be considered a “member in good standing” upon full payment of the player’s annual registration fee. The fee amount and payment schedule will be determined annually by the Executive Committee and will cover the period through to the conclusion of the next Annual General Meeting (AGM).
- 3.6 The Board may grant Special Membership status to individuals who have demonstrated significant service to the Association. Special Members may attend meetings but shall not have voting rights unless otherwise approved by a two-thirds (2/3) vote of the membership at an Annual General Meeting.

Article 4 – Organization:

Structure –

- 4.1 The business of the RSL Kings shall be managed and controlled by the Executive Board, who shall operate in accordance with the Constitution and Bylaws.

Executive Board –

- 4.2 The Officers of the RSL Kings, elected at the AGM, shall include:
- a. President
 - b. First Vice President
 - c. Vice President – Hockey Operations
 - d. A/AA Hockey Convenor
 - e. Secretary
 - f. Treasurer
 - g. Equipment Director
 - h. Ice Convenor
 - i. Director of Fundraising

- j. Registrar
- k. Director of Rules and Discipline
- l. Director of Surveys
- m. Director of Events
- n. Webmaster
- o. Past President

Director –

- 4.3 After the Annual Election each Minor Hockey Association in good standing in District 1 may, by simple majority, appoint one person to be a Director of the RSL KINGS. These persons, along with officers described in (a) above, shall alone comprise the Executive Board of the RSL KINGS.

Board of Directors –

- 4.4 The governing body of the RSL Kings shall be the Board of Directors (“Board”), which shall consist of:

- * All elected Officers listed in Article 4.2; and
- * All District-appointed Directors as described in Article 4.3

All members of the Board of Directors shall have one (1) vote unless otherwise specified in this Constitution.

Officers –

- 4.5 Officers are members of the Board of Directors elected by the membership at the Annual General Meeting.

Committees –

- 4.6 The Board may establish committees to support operations. Committees are advisory in nature and shall not have decision-making authority unless expressly delegated by resolution of the Board.

Life Members –

- 4.7 Life Members are not members of the Board of Directors and shall not have voting rights at Board meetings.

Article 5 – Elections and Appointments:

- 5.1 – a. Any member in good standing may be nominated for and may stand their name for election to any of the Officer positions.
- 5.1 – b. For the position of President, candidates should have experience as a member of a hockey executive or have experience as a President/Vice President of Board of Directors.

- 5.1 – c. The RSL Kings Executive shall appoint a two (2) member nominating committee at the February RSL Kings Executive monthly meeting for the purpose of receiving the names of nominees and coordinating the nominating purpose.
- 5.1 – d. Any member who sits as President, 1st Vice President, or 2nd Vice President of “AAA” shall not sit as President or 1st Vice President of the RSL Kings unless specific permission is requested of and granted by the District 1 Executive.
- 5.2 If no candidate is nominated or a vacancy occurs, the Executive Board may appoint a member to fill the vacant position until the next AGM.
- 5.3 Any vacant position shall be posted on the RSL Kings and District 1 websites for fifteen (15) days, and the Executive Board may appoint a member to fill the vacancy.
- 5.4 No person shall be elected to hold more than one position on the Executive Board unless approved by a majority of the other board members.
- 5.5 The notice for the Annual General Meeting will include details for the positions up for election. Notice will be posted on the RSL Kings and District 1 websites no later than 30 days prior to the Annual General Meeting.

Elections to Executive Board Officer positions shall be held at the RSL KINGS Annual General Meeting for a term of 24 months as follows:

Even Years (2026, 2028, 2030, 2032, 2034 etc.)

- First Vice President
- A/AA Convenor
- Vice President – Hockey Operations
- Registrar
- Ice Convenor

Odd Years (2027, 2029, 2031, 2033, 2035 etc.)

- President
- Treasurer
- Equipment Director
- Director of Fundraising
- Director of Rules & Discipline
- Director of Surveys
- Secretary
- Director of Events

- 5.6 The Immediate Past President shall serve a one (1) year term following completion of their Presidential term.

Upon completion of the one-year term, the Board of Directors may, by majority vote, extend the appointment for additional one (1) year terms if deemed beneficial to the Association.

The Immediate Past President must not concurrently serve as an Officer of a District 1 Minor Hockey Association.

5.7 Under no circumstances shall proxy voting be permitted.

Article 6 – Duties of Executive Board:

6.1 The Executive Board is comprised of the Officers [as elected pursuant to 4-2 (a)] and the Directors [as appointed pursuant to Article 4-2 (b)].

6.2 The Duties and Responsibilities of the 'Executive Board' are as follows;

- a) The affairs of the RSL KINGS shall be under the management and control of the Executive Board which may exercise all such powers and do all such acts and things as may be exercised and done by the RSL KINGS and which are not required by the Constitution of the RSL KINGS to be exercised or done by the RSL KINGS at General Meetings of all members.
- b) All elected Officers shall enter upon their duties immediately following election at an Annual General Meeting or a General meeting and shall serve for a term of two (2) years or until their successor has been duly elected or appointed and installed in their place. An officer is eligible for re-election if that individual remains a member in good standing.
- c) May appoint such committees or sub committees from the general membership as it may deem necessary in the interest of the RSL KINGS, and such committees shall appoint a chairman, who shall submit a written report of its recommendations and such other reports as are required by the Executive Board. Any member of a committee or a sub-committee may be removed at any time at the discretion of the Executive Board.
- d) Will consider the recommendations of the Vice President – Operations regarding coaching hires and will make the final determination regarding assignment of coaches and will approve additional personnel that constitute team management for each team of the RSL KINGS.
- e) Will ensure that each member abides by the Constitution and that all players abide by any rules and regulations, approved by Hockey Eastern Ontario Minor, Hockey Eastern Ontario and Hockey Canada.
- f) May expel or suspend any member who fails to comply with the Constitution or any Bylaws pursuant thereto.
- g) Will approve expenditures of Association funds.
- h) Shall provide to all members in good standing and in attendance at the Annual General meeting a full accounting of the activities of the RSL KINGS since the previous Annual General

Meeting.

6.3 The Duties and Responsibilities of the 'Directors' are as follows;

- a) Maintain liaison with District One (1) Associations for the purpose of ensuring that the RSL KINGS policies and practices are not in conflict with those of the community associations.
- b) Advise the Executive Board on all matters of policy and shall specifically be responsible for reviewing the previous season's operations prior to the Annual General Meeting and recommending policies for the forthcoming season prior to the commencement of conditioning camps.
- c) 'Directors' of the RSL KINGS will be supportive and promote competitive hockey in District One (1) by forwarding all information about the RSL KINGS conditioning camps, tryouts and Registration to their respective Executive Committees and membership.

All complaints against the Rideau St. Lawrence Kings MHA, a Member Participant, or other party should be made directly, in writing, to the directors of Risk and Safety and Rules and Discipline in a timely matter. The VP and the chair of Rules and Discipline will conduct an initial review of any complaint they receive to determine whether, in their estimation, the matter falls within the jurisdiction of the RSL KINGS and under which category. If a conflict of interest arises it shall be declared and an alternate member of the RSL KINGS Executive may be selected.

Complaints may be brought by a Minor. Minors may, but are not required to, have a parent/guardian or other adult serve as their representative during the process. For clarity, a Complaint will not be rejected on the sole basis that it was submitted by a Minor and not by a parent/guardian.

If the Complaint contains allegations which, at the discretion of the VO and the Director of Rules and Discipline, appear not to amount to serious misconduct then they will engage a streamlined process meant to address relatively less complex issues with a greater amount of flexibility as follows:

- a.) Propose alternative dispute resolution techniques, where appropriate
- b.) Ask the Complainant and the Respondent for either written or oral submissions regarding the complaint.
- c.) Conduct any additional interviews which the Adjudicative Chair believes are necessary to gather all the relevant facts; and/or
- d.) Convene the Parties to a meeting, either in person or by way of video or teleconference, for the purpose of asking the parties questions.

If the Complaint contains allegations which, in the estimation of the VP and Rules and Discipline director may amount to serious misconduct, then they will engage in a more rigorous process that is appropriate for more serious or complex issues.

After the investigation is complete, the VP and/or Director of Rules and Discipline shall:

- a.) Appoint an Adjudicative Panel – this may be either a panel of one (1) or three (3), at their sole discretion and depending on the severity of the allegations;
- b.) Coordinate all administrative aspects of the process and set reasonable timelines;
- c.) Provide administrative assistance and logistical support to the Adjudicative Panel. As required; and/or
- d.) Provide any other service or support that may be necessary to ensure a fair and timely proceeding.

If any sanctions or suspensions are levied against any individual, that individual shall have seventy-two (72) hours in which they can file an appeal with District 1.

6.4 **Executive Accountability**

If a RSL KINGS Executive Board member resigns without just cause during their term, they will not be accepted for nomination to the RSL KINGS Executive Board position for a period of two years following the end of the year the individual resigned.

6.4.1 **Removal of Directors**

A Director may be removed from office before the expiration of their term by:

- A two-thirds (2/3) vote of the membership present at a Special General Meeting called for that purpose; or
- A two-thirds (2/3) vote of the Board for breach of fiduciary duty, conflict of interest, or conduct detrimental to the Association.

Article 7 - Meetings

- 7.1 The Executive Board shall be convened throughout the year to ensure that the business of the RSL KINGS is conducted in a timely and responsible manner.
- 7.2 The Executive Board shall set the date of the Annual General Meeting of the RSL KINGS, not to be scheduled later than the 15th of May each year. A notice of the AGM will be posted on the RSL KINGS website (www.kings.goalline.ca) at a minimum of thirty (30) days prior to the date of the meeting, notice will include details for the positions up for election.
- 7.3 In the event of a general or specific dissatisfaction with the operation of the RSL KINGS, by a simple majority of the Officers elected by the District One (1) association, cause an Executive Board meeting to be convened within seven (7) days time to discuss their concerns. In the even that such concerns are not resolved at that time, the Officer would have a right to convene a General meeting of the membership within twenty (20) days notice being given for

the purpose of voicing the concerns to the membership for whatever action the members may wish to take.

- 7.4 All business of the RSL KINGS (including but not limited to: change of procedures, forms, policies) must be reviewed and voted upon at a meeting (general, AGM, special) and reflected in the minutes as reviewed and the outcome.
- 7.5 Meetings of the Association, including Annual General Meetings, Special Meetings, and Board Meetings, may be held in person, virtually, or in a hybrid format.

Participation through electronic means shall constitute presence for quorum and voting purposes, provided that all participants can adequately communicate with one another.

Article 8 – Quorum

- 8.1 A minimum of ten (10) members in good standing are required to be in attendance to establish a ‘Quorum’ at Annual General Meetings, one of which is either the President or First Vice President.
- 8.2 A minimum of five (5) members in good standing are required to be in attendance to establish a ‘Quorum’ at Executive Board Meetings, one of which is either the President or First Vice President.

Article 9 – Rules of Order

- 9.1 The President, or in the absence of the President the First Vice President shall preserve order and decorum, and decide questions in order or practice, stating the applicable rule. The President’s decision shall be subject to an appeal to the Association at a General Meeting.
- 9.2 When the ruling of the President is appealed, he/she, without debate, put the question in the following words, “Shall the ruling of the President be sustained”? The President will be provided the right to state the reason(s) for the decision given.
- 9.3 All motions shall be read by the Secretary before being debated and voted upon. A motion at an Annual General Meeting, a General Meeting or Executive Board meeting is passed or defeated by majority vote.
- 9.4 The President shall not vote on any motion unless to decide a tie vote, except in the election of Officers.
- 9.5 The order of business at the Annual General Meeting shall be as follows;
 - 1. Call the meeting to order
 - 2. Read and Adopt Minutes of the previous AGM
 - 3. Business arising from the Minutes of the previous AGM
 - 4. President’s Report
 - 5. Treasurer’s Report

6. Officer's Report
7. District Report
8. Proposed changes to the Constitution or Bylaws
9. New Business
10. Election of Officer's
11. President's Final Remarks
12. Adjournment

Article 10 – Amending the Constitution

- 10.1 Amendments to the Constitution of the RSL KINGS shall be passed by a two-thirds majority vote of those present and voting at an Annual or Special General Meeting.
- 10.2 Amendments to the RSL KINGS Constitution may be proposed by a petition signed by at least ten (10) members of the RSL KINGS or by a resolution adopted by the Executive Board.
- 10.3 Amendments of the Constitution shall be considered if received by the RSL KINGS Secretary thirty (30) days prior to the set date of the Annual General Meeting in each year. The proposed amendment must be in writing.
- 10.4 Notice of proposed amendments will be included in the AGM notice and posted on the website.

Article 11 – General Provisions

- 11.1 Singular terms shall include the plural, and masculine terms shall include feminine, unless the context dictates otherwise.
- 11.2 The Executive Board includes the elected Officers and Directors of the RSL KINGS.
- 11.3 **Conflict of Interest:**

Any Director, Officer, or member of a committee who has a real, perceived, or potential conflict of interest in any matter under consideration shall declare the conflict at the earliest opportunity.

The individual shall abstain from discussion and voting on the matter, and the declaration shall be recorded in the minutes.

Failure to disclose a conflict may result in disciplinary action or removal from office.
- 11.4 The declaration of conflict shall be recorded in the minutes.
- 11.5 Failure to disclose a conflict of interest may result in disciplinary action, including removal from office.

Article 12 – RSL KINGS Revenue

- 12.1 The revenues of the RSL KINGS Shall be derived as follows:
- a. Annual registrations fees charged to each player, the amount determined by the Executive Board in advance of each season.
 - b. The Board may approve Association-wide fundraising initiatives. Participation may be required; however, the Board shall establish an equitable alternative financial contribution (buyout option) where appropriate to ensure accessibility and fairness.
 - c. Optional fundraising projects as determine and approved by the RSL KINGS Executive Board.
 - d. Private and/or Corporate Sponsorships

Article 13 – Fiscal Year

- 13.1 The fiscal year of the RSL Kings shall run from June 1 to May 31.

Article 14 - Professional Services

- 14.1 The Executive Board shall have the power and authority to consult with or engage the services of Legal Counsel on pertinent matters of the RSL KINGS.
- 14.2 The Executive Board shall have the power and authority to consult with or engage accounting.
- 14.3 **Indemnification**

The Association shall indemnify and hold harmless its Directors and Officers from and against any liability and expenses incurred in the performance of their duties, provided they acted honestly, in good faith, and in the best interests of the Association.

Article 15 – Contracts

- 15.1 Contracts and financial instruments on behalf of the RSL Kings shall require the signatures of any two (2) of the following Officers:
- President
 - First Vice President
 - Treasurer

The Board may authorize additional signing officers by resolution.

Article 16 – Obligations

- 16.1 All members of the RSL KINGS shall abide by the provisions of the Constitution and By-Laws of the RSL KINGS.

Article 17 – Inspection by Members

- 17.1 Members in good standing may request access to approved annual financial statements.
- 17.2 Requests must be submitted in writing to the President.
- 17.3 Access to financial records shall be subject to privacy legislation and confidentiality obligations.

Article 18 – Petition and Referendum

- 18.1 No member shall represent that any petition, communication, or proposal is endorsed by the RSL Kings without prior authorization of the Board of Directors. This clause does not restrict a member's personal right to organize or communicate privately.

Article 19 – By-Laws

- 19.1 The members of the RSL KINGS Executive Board may, by simple majority vote, make or amend By-Laws with respect to any of the matters provided for in the Constitution and required for the operation of the RSL KINGS.
- 19.2 Such By-Laws shall remain in force and new By-Laws shall be reported to the RSL KINGS membership at the Annual General Meeting.
- 19.3 An accurate and exact copy of the RSL KINGS Constitution and By-Laws shall be posted on the RSL KINGS website.

Article 20 – Life Membership

- 20.1 A nomination for Life Membership in the RSL KINGS must be forwarded in writing to the Secretary at least 20 days prior to the Annual General Meeting in any given season.
- 20.2 A successful nomination requires the support of at least 2/3 majority vote at the Annual General Meeting.
- 20.3 Life Members of the RSL KINGS are non-voting members of the Executive Board of the RSL KINGS.