

### **SMHA U13, U15 & U18 Information 2025**

### Irene

- Registration Team Officials confirm coaching roster, send back to your registrar
- Coach Certification requirements and deadlines New this year that ALL coaching clinics for U13 -U18 will be completed online. U13 AA, U15 AA (Assistant Coaches), U15 A and U18 AA Head Coaches will need the in-person Development 1 clinic. Register through the Hockey Sask Website https://hockeysask.ca/coaches/clinics
- Deadline for Coaching Certification is December 20, 2025
- Important Dates Found on the SMHA website
- General Information; Bus Manifest, Inclement Weather, Third Jersey Policy can be found on our SMHA website under "About"
- Any incidences on a team, make sure there is correspondence from the team, include the zone coordinator so that there is a paper trail should it escalate.
- Game Sheets Stickers, 2 by 4 measurements, team name, age division, tier. **ALL** coaches' names must be listed on the game sheet. Stroke out the coaches if not in attendance.
- Criminal Record Checks have been emailed to the zone designate who will in turn email to the Head Coach.
   All CRC's will be completed online and must be returned to the zone no later than November 20, 2025

### 1. WHO REQUIRES A CRC?

- It is mandatory that all Registered Team Officials age 18 & older obtain a valid CRC with vulnerable sector search annually. A Registered Team Official is any individual registered to a SMHA team on the HCR as a Coach, Assistant Coach, On-Ice Helper, Stick Boy or Safet Person.
- Any individual who will be helping a team on the ice at practices and/or on the bench for games MUST BE registered as a team official on the team roster on the HCR. This is how they become insured.
- Team Managers do not need to be listed as a registered team official unless they will be on the bench for games or on the ice for practice.

Therefore, Team managers do not require a CRC to be completed unless they are listed as a team official on the HCR.

### Affiliation process and deadlines –

At all times a player may only be affiliated to one team at any given time. Affiliate players <u>CANNOT be</u> <u>released</u> once signed per Hockey Saskatchewan regulations. Affiliates cannot be added to a team unless the form is filled out and signed. Does not matter if they were affiliated at the draft the form must still be filled out. Make sure you are requesting permission from the parent before going to the coach.

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### 2. Mandatory Affiliation Numbers - Required by December 1st, 2025

- Deadline to modify an affiliate form is January 8, 2026

SMHA U13, U15, U18 must affiliate at least one goalie and enough skaters to be at a combined total of 18 skaters between roster skaters and affiliate skaters. This must be completed by December 1, 2025.

\*\* IMPORTANT: Hockey Saskatchewan does not permit affiliate players to be released after they are signed. Be sure that the player and his or her family is asked before signing them as an affiliate player.

\*\*We only use a 7-goal differential so please post your scores with that 7-goal spread.

- Use forms that are found on the SMHA website
- Know the Score Wellness Champions Presentation will take place on October 28, 2025, 7:00 pm Travel Lodge,
   Delta Room for U13-U18.
- Connect Sport one coach must complete the Connect Sport Coach Course, if you took it last year you will
  not need to retake it.

### Tracey

- The detailed programs information can be found on the SMHA website, general information is below.
- Regular Season: October 21, 2025 to Early March 2026
- City Playoffs will start around March 6-15, 2026
- SMHA Provincials for the U13 A, B, C will be a 4-team (Best of 3 modified Hockey Sask style) in January.
- U13 A Pre-season: 6 full ice practices- the remaining 21 regular season peewee A practice times are modified two-hour shared practices with 1 other peewee team where both teams will receive 1 ¼ hours on the ice. (22 Regular Season games)
- All 25 U13B practice times are modified two-hour shared practices with 1 other U13 team where both teams will receive 1 ½ hours on the ice. Games 18 regular season games and city playoffs for all teams.
- All 25 U13 C practice times are 2-hour modified shared practices with 1 other U13 team where each team will receive 1.25 hours of practice time 45 minutes as a single team on full ice and 30 minutes of half ice. Games 18 regular season games and city playoffs for all teams.
- All U15 and U18 Practices are full ice practices
- U15AA and U18AA games are 3-hour blocks.
- U15A Co-ed, U15A Female and U18A Female game slots are 2 hours
- U13AA Co-ed, U13AA, U15AA and U18AA female teams game slots are 2.25 hours
- All other leagues regular season game times are 1.75 hours.
- All teams in the U13, U15 and U18 leagues participate in a double knock out City Playoffs.
- U13AA, U15AA, U18AA and all Sask Female teams have their own league playoffs
- SMHA City Playoffs are for ALL TEAMS and SMHA Provincial Play downs for qualifying teams.
- Wellness Program
- **Ice for Sale** Can be purchased and paid for on the SMHA website. They should go into your Teamlinkt account automatically
- Memorial Cup Legacy Fund For help with Team Fees and/or Equipment
- CCM/ Al's rebate program benefits SMHA Coaches, Refs, Mentors.
- Flowchart

### Christa

- Ice Time Changes SMHA Ice Time Change Form is on SMHA website under Coaches and then Forms
   (www.leagues.teamlinkt.com/smha/Forms). This form is due to icechanges@sasktel.net at least 10 days
   prior to the change for all practice or game changes that you are making. Information on how to go about
   finding a trade for games and practices can be found in a PDF to the right of the Ice Time Change Form on
   the website.
- Currently collecting team contact information from the zones. Once this is all gathered, I will send an email out for each team to verify their info. Once all info has been verified, the team contact information will be posted to the SMHA website under Coaches, and you can use this to contact other teams to arrange trades.
- Games to be rescheduled games that you need changed but don't have a new date in mind yet, or a game that has to be rescheduled due to weather, etc. will be listed as "To be rescheduled" on the website. In U13, postponed games not made up by <u>February 24<sup>th</sup></u> will be recorded as a 1-1 tie if the two teams mutually agreed to the change or a forfeit loss to the single team that initiated the postponement.
- Exhibition Game Sanctions form can be found on the SMHA website under Sanction/Permit Requests
- Referee Evaluations Officials Evaluation Form is on SMHA website under Referees
- Green Arm Bands: these are meant to remind coaches and fans that a ref is under 16 years of age, and any parent, grandparent or team staff can report a coach that is treating a ref poorly
- Referee Hotline if referees do not show up to a game please call 306-382-REFS 10 minutes before game time
- Referees for Tournaments/Exhibition Games Referee Coordinator (<u>smha.assign@gmail.com</u>) can send an
  email to refs to contact you if they are available, will need your tournament sanction/exhibition game
  sanction number, go to the SMHA website under Referees and then "Tournament/Ex. Game Ref Requests".
- Scorekeeping and Timekeeping Need someone in box for all games (home team supplies timekeeper & penalty box attendants and scoresheet)
- Travel Permits Need travel permit from SHA for tournaments not in SK. Out-of-province is free, out-of-country is \$25.
- Equipment requirements and rules mouth guard(optional), neck guards(mandatory), coach's helmets (mandatory)
- 2025-2026 SMHA
   Parents, Fans and Coaches Respect for Officials Action Plan

Questions and Answers: Open Floor -



# **Communication Flow Chart**

➤ Parent
Calls or emails their Head Coach / Manager;
If not resolved...

➤ Head Coach / Manager
Calls or emails their Zone Age Group Coordinator;
If not resolved...

➤ Zone Coordinator

Calls or emails their Zone Commissioner;

If not resolved...

➤ Zone Commissioner
Calls or emails the applicable SMHA Chairperson;
If not resolved...

➤ SMHA Chairperson
Calls or emails SMHA Executive Director;
If not resolved...

➤ SMHA Executive Director
Calls or emails Board President to bring to full Board level

### **RESPECT – TEAM MISSION STATEMENT**

All (Coaches, Players, Parents and Fans) associated with the <u>INSERT TEAM NAME</u> will be respectful of the on-ice officials at all times:

- We will not yell at the officials during or after the game
- Our team will follow proper SMHA procedures for providing feedback on officials

We appreciate your support of SMHA having all of our teams representing our city and MHA with sportsmanship and class.

# 2025 - 2026 SMHA Parents, Fans, Coaches - Respect for Officials Mission Statement

All (Coaches, Players, Parents and Fans) associated with the will be respectful of the on-ice officials at all times:	associated with the at all times:	(Insert Team Name)
Note: the complete action plan can be found on the SMHA website	d on the SMHA website	
***** We will not yell at the officials during or after a game ***** Our team will follow all proper SMHA procedures for providing feedback on officials (This includes referee ***** We understand that there may be serious consequences for not adhering to our team mission statement.		or after a game procedures for providing feedback on officials (This includes referees and off ice officials) ous consequences for not adhering to our team mission statement.
Player Signatures:	Parents Signatures:	Coaches Signatures:
:		

### 2025-26 SMHA Parents, Fans and Coaches - Respect for Officials Action Plan

### Introduction:

SMHA has done a good job making coaches understand that verbal abuse of officials is unacceptable. We are far from perfect so efforts will continue. There has been improvement due to stern actions on suspensions as well as awareness / education such as the green arm band program.

The next group of people that will be targeted to improve their behavior towards on-ice officials is the parents of players.

### 2025-26 Action Plan:

Asking Coaches to take a Leadership Role to encourage a positive team culture
 Andrew Bailey will be in contact with every SMHA Head Coach prior to them hosting their initial parent meetings. SMHA will be requesting that all teams implement a Team Respect for Officials Mission Statement:

All (Coaches, Players, Parents and Fans) associated with the <u>INSERT TEAM NAME</u> will be respectful of the on-ice officials at all times:

- We will not yell at the officials during or after the game
- Our team will follow proper SMHA procedures for providing feedback on officials.
- We understand that there may be serious consequences for not adhering to our team mission statement.

This message will be reinforced at all SMHA Coaches Meetings & at Zone Coaches Meetings.

We want our coaches to take the leadership role that the team falls under them and for the coaches to set a culture of sportsmanship. Parents will be made aware that SMHA supports teams implementing internal warning and team discipline procedures for violations of the Respect for Officials Mission Statement. SMHA will contact head coaches with a warning if a team is not adhering to the mission statement.

If a second incident occurs with the same team, SMHA's Discipline Chair will work with the team to determine next steps – be it a team meeting that the Discipline Chair calls to address the issues or possibly the implementation of a Parents Code of Conduct infraction if one parent is the problem.

### 2. Education Program via social media provider:

SMHA will roll out a season-long education and promotional plan that will utilize TeamLinkt messaging and all SMHA social media channels to further emphasize the Respect for Officials Mission Statement. By promoting via social media, we will get the messaging out there beyond just our own MHA - maybe it will help normalize behaving better and hopefully other MHA's / Hockey Sask follow suit like they did with the green arm band program.

### 3. Referees made aware of the action plan:

SMHA wants to ensure our referees know we have their backs and we want to encourage them to use the tools they are provided with to report any issues – online incident reports will be emphasized since they lead to quicker awareness for SMHA.

### 4. Referee Supervisors:

SMHA will ask that supervisors introduce themselves to coaches to explain their role and to reinforce the Respect for Officials Mission Statement in place for all teams. Andrew and Clint will also be working on pursuing more experienced hockey people to take the Hockey Sask Level 9 officiating course to increase our presence in rinks.

### 5. On-Ice, In-Game Management:

- Officials will be asked to write up any incidents with parents or fans via the SMHA online incident report (preferred) or on the back of the game sheet.

As has always been the case, senior officials will be instructed to ask unruly fans to leave the game if they are comfortable to do so.

### 6. Team Effort:

- All SMHA Board members and staff will be asked to be vigilant while in the rinks and to remind teams of their commitments to the Respect team mission statement.
- Team Managers and Team Wellness Coordinators will also be made aware of this action plan
  as it is in the best interest o all involved with the game that we have a positive environment
  in our game.

Approved by the SMHA Board of Directors October 6 2025



### **Know the Score Wellness Program 2025-2026**

### 1. KTS Wellness Program (U13-U18) Components

- Diversity and Anti-Racism
- · Cannabis, drugs, alcohol, tobacco & vaping
- Online Gambling
- Mental Health & Mental Performance
- Building Healthy Relationships & Sexual Consent
- Anti-Bullying
- Team Wellness Champions (U13-U18 teams)

### 2. Program Description / Dissemination - "Empower & Care"

- Each U13-U18 teams at all levels will be required to designate a Team Wellness Champion.
- Teams may designate two if they desire.
- The Wellness Champion cannot be a registered team official (coach or on-ice helper) or a team manager.
- The Wellness Champion for each team is a parent on the team that cares about kids and wants to help out.
- No hockey background is required for this role.
- The program will promote confidentiality

### 3. Role of the Wellness Champions

- To attend a Know the Score Wellness program Information session on October 28, 2025 see details below.
- <u>Returning Wellness Champions from 2023-24 and/or 2024-25 will not be required to attend</u> this session but are welcome to if they wish to.
- At this session, the Wellness Champions will be introduced to the various concepts listed above by the experts in their fields that have agreed to assist.
- NEW: The Wellness Champions will not be required to host a team presentation. Instead, the training session will be recorded and posted to YouTube to share with all families.
- Be the team contact for a parent or player seeing assistance with any of the components and to be in touch with SMHA to find further assistance.

### 4. The Wellness Champion Information Sessions

U13 -U18: Tuesday, October 28 - 7:00-9:00pm at the Saskatoon Travelodge Hotel, Delta Room

Please have your team Wellness Champion register online with SMHA by October 27<sup>th</sup> at noon so that
we have the contact information for each Team Wellness Champion.
REGISTRATION LINK: <a href="https://app.teamlinkt.com/register/find/smha">https://app.teamlinkt.com/register/find/smha</a>

This information will be messaged to all Team Admins via TeamLinkt as well.

Thank you

## 2025-26 New Rules, Emphasis and Clarifications

Below and attached includes information about Hockey Canada Rule Changes, which were in place last season, as well as clarifications and emphasis on rules within Hockey Saskatchewan for the 2025-26 season.

Note that key changes this year:

- Refreshing of the 2024-25 Hockey Canada Rule Changes PowerPoint will be emailed out to all coaches
- An emphasis at all levels of hockey on protective equipment with a focus on cage hang and neck guards as per Hockey Canada Rules 3.6 & 10.6
- Understanding Maltreatment and the application of Rules 11.1, 11.2 and 11.4.



- online Hockey Canada Checking Skills
- Instructional Stream Checking Skills 1

Hockey Canada Safety Program (HCSP Level 1 or HU SAFETY) – 1 of the registered team officials (manager, coach, trainer, volunteer) must have this certification

### U15 A, B, C, D (male & female teams)

\*female registered teams must have a minimum of one registered female coach

Head coaches - Hockey Canada Coach 2 (Coach 2 Level), Respect in Sport, Checking

Assistant coaches - Hockey Canada Coach 2 (Coach 2 Level), Respect in Sport

Manager, Trainer, Volunteer, Stick boy - Respect in Sport

Coach Instructional Stream Goaltending 1 - one of the Coaches must have

Checking - head coach must have one of either

- online HU-online Checking
- online Hockey Canada Checking Skills
- Instructional Stream Checking Skills 1

Hockey Canada Safety Program (HCSP Level 1 or HU SAFETY) -1 of the registered team officials (manager, coach, trainer, volunteer) must have this certification

### U15 AA (female & male teams)

### U15 (Sport Academy's)

\*female registered teams must have a minimum of one registered female coach

Head coaches - High Performance 1 certified, Respect in Sport, Checking

Assistant coaches - Development 1 (or HP1), Respect in Sport

Manager, Trainer, Volunteer, Stick boy - Respect in Sport

Coach Instructional Stream Goaltending 1 – one of the Coaches must have

**Checking** – head coach must have one of either

- online HU-online Checking
- online Hockey Canada Checking Skills

SHAPING CHARACTER FOR LIFE... MORE THAN A GAME.

### SASKATOON MINOR HOCKEY - 2025-26 PLAYER AFFILIATION FORM

### email to smha@sasktel.net

### IMPORTANT:

- Completed AP form required to be submitted <u>prior to use of player in a game</u>. Form must be received by SMHA office with enough notice to allow time for entry into the Hockey Canada Registry (by <u>3:00 pm</u> Monday-Friday).
- <u>SMHA U11 teams</u> must affiliate a minimum # of players that will have their team roster at a combined 16 players between roster players and affiliates. This must be completed by December 1, 2025.
- <u>SMHA U13, U15 & U18 teams</u> must affiliate <u>at least one goalie</u> and enough skaters to be at a combined total of 18 skaters between roster skaters and affiliate skaters. This must be completed <u>by December 1, 2025</u>.
- Affiliate players **CANNOT be released** once signed per Hockey Saskatchewan regulations.

A. TEAM NAME:	AGE DIVISION:	LEVEL (A/B/C/D):
B. AFFILIATED PLAYERS: U15 / U18 teams may a		
affiliate a maximum of 6 skaters plus 2 goaltenders; U1	1 and U9 teams may affiliat	e a maximum of 6 skaters. All affiliated
players must be registered with a team from a lower div	vision, age classification or o	category of hockey in the parent zone.
**At all times a player ma	ıy only be affiliated with	one team**

### IMPORTANT\*\* Players must be signed & registered completely before competing in any games as an affiliate. \*\*

SURNAME (LAST)	GIVEN NAME (First)	PLAYER'S TEAM	COACH'S SIGNATURE
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
GOALTENDER:			
GOALTENDER:			

### C. USE OF AFFILIATED PLAYERS:

- Coaches must first obtain the permission of (1) the signing player's coach & (2) the player. It is the obligation of the coach who wants to use the affiliated player in a game to <u>ask permission</u> of the player's coach, then the player to ensure that there is no conflicting game of the affiliate's team or a player suspension.
- It is the responsibility of the affiliate's coach to allow the affiliated player to go up and play or practice when the affiliating team calls, provided that there is no game of the affiliate's team occurring.
- <u>Tier1 players affiliated to Tier 3</u> are restricted to five (5) SMHA league, playoff or provincial playdown games after January 10<sup>th</sup>.
- A team shall not list any more players & affiliated players on a game sheet than the number of registered players. <u>EXCEPTIONS</u>: (i) If a team has only one goaltender registered, it may dress an affiliated goaltender for all games; and (ii) Teams with less than 15 skaters may dress enough affiliates for all games to have 15 skaters on their roster.

JANUARY 8, 2026- DEADLINE TO ADD TO YOUR PLAYER AFFILIATION LIST

PLEASE USE ONLY ONE AP FORM PER TEAM

SUBMIT AP FORM BY EMAIL TO smha@sasktel.net

### 2025-26 SMHA Provincial Playdowns (applicable to SMHA teams only)

- \*\*\* Note: These dates will NOT be changed because a qualifying team has entered a tournament
- \*\*\* All Series are modified best of 3 format with a 10-minute mini-game #3 if necessary

### U13A (15 teams):

- Top 4 SMHA teams in the standings after one full round (14 games) of regular season play qualify.
- Playdowns dates: January 26, 2026 February 1, 2026

### U13B (17 teams):

- Two conferences:
- Top 2 <u>SMHA minor teams</u> in the standings from each conference after one full round of regular season play qualify. A total of four SMHA minor teams will qualify.
- Playdowns dates: January 20, 2026 January 25, 2026

### U13C - Co-Ed (10 teams):

- Top 4 SMHA teams in the standings after one full round (9 games) of regular season play qualify.
- Playdowns dates: January 21, 2026 January 28, 2026

### U13B Female (2 teams):

- The two Comets U13B teams will play a modified best of three series on January 24 and 25, 2026.

### U13C Female (11 teams):

- Top 4 Comets teams in the standings after one full round of regular season play (10 games) qualify.
- Playdowns dates: January 29, 2026 February 4, 2026

### U15A (12 teams):

- Top 4 SMHA teams after one full round (11 games) of regular season play qualify.
- Playdowns dates: January 12, 2026 January 18, 2026

### U15B (15 teams):

- Top 4 SMHA teams in the standings after one full round (14 games) of regular season play qualify.
- January 27, 2026 February 1, 2026

### U15C (10 teams):

- Top 4 SMHA teams in the standings after one full round (9 games) of regular season play qualify.
- Playdowns dates: January 24, 2026 January 29, 2026

### U18A (10 teams):

- Top 4 SMHA teams in the standings after two full rounds (18 games) of regular season play qualify.
- Playdowns dates: February 3, 2026 February 8, 2026

### U18B (16 teams):

- Top 4 SMHA teams in the standings after one full round (15 games) of regular season play qualify.
- Playdowns dates: February 2, 2026 February 8, 2026

### SMHA Ice Time Change Form / How to Trade a Practice or Game:

- Teams are not given replacement ice times from SMHA if they are unable to use their assigned ice times. If teams are unable to attend their assigned ice time, they must either contact another team to arrange for a trade of ice times, or give up their ice time by finding another team that is able to use it. This goes for games as well if teams are not able to attend a game, they need to trade that game with another team against that same team that they were originally scheduled to play against (exceptions to this can sometimes be made in U7, U9 & U11 as they don't have standings)
- To find a team to trade ice times or practices with, teams can use the league contact list that is posted to the SMHA website. It is easiest to ask for trades with other teams in your age group, however if you can't find a trade within your age group you can ask outside your age group.
  - Please take into consideration when trading:
    - o all U7 teams typically practice on 1/3 of the ice for one hour, and u7 teams play games on 1/3 of the ice for one hour.
    - o All U9 teams typically practice on ½ of the ice for one hour, and play games on ½ of the ice for one hour.
    - o All U11 teams typically practice on ½ of the ice for 1.25 hours, and play full-ice games for 1.25 hours.
    - U13 A, B & C teams typically practice for 1.25 hours of shared ice (45 minutes full ice and 30 minutes ½ ice), and play full-ice games for 1.75 hours.
    - All U15 teams and all U18 teams typically practice on 1.25 hours of full ice, and play full-ice games for 1.75 hours.
- To find a team to trade a game with, you can use the league contact list posted to the SMHA website to ask for trades. The easiest game trade is to find a game where another team is playing against the same opponent that you are trying to trade the game for, as this involves changing only two team's schedules. The second easiest trade is to find two teams willing to trade games entirely (which then involves changing four team's schedules).
- If U7, U9 and U11 teams are having trouble trading a game, they may consider trading practices around in order to get the two teams that are in the game needing to be traded onto the practice ice at the same time and using the practice ice to play the game and using the original game ice as a practice.
- U9 practices and games are both half-ice, so U9 teams may also use one of the team's ½-ice practice to play a game, keeping in mind that they would most likely need to share a dressing room for the game in order to make it work as the other half of the ice will still be another team's practice ice.
- The Ice Time Change Form is for teams that are wanting to trade a game or a practice with another team, or to give away a practice ice time to another team, and can be found on the SMHA website.
- The forms need to be sent in at least 10 days in advance of the change. They can either be digital, scanned, or a photo taken of the completed form and emailed to <a href="mailto:icechanges@sasktel.net">icechanges@sasktel.net</a> Ice change requests sent in without a form will not be accepted. It is important that the forms are neat and legible.
- The form needs to have names, contact information and signatures from all teams that are involved in the change. An email thread with agreements from the other teams is acceptable please do not send your form in to SMHA and copy the other teams on the email to ask them to then send their agreement as this is too hard to track please send in the form and the email agreements from all teams in one email.
- Christa will complete the ice changes in order of the changes that are coming the soonest by date. We do receive a lot of ice time changes, especially at the beginning of the season so teams that are requesting trades may need to wait in the queue before their change is made.
- Once Christa has completed the change on the website, she will email all teams that are involved in the change to let them know that the change has been made.
- Once a change has been completed on the website, and if a team has chosen to give up their ice time rather than trade it, the original ice time that a team had will be kept on their online schedule with the time attached to it, but the location will say "TBA". This is for practice and game count tracking purposes, in case there is any confusion we can go back and look at the previous changes.

### SASKATOON MINOR HOCKEY ASSOCIATION **ICE TIME CHANGE FORM** E-mail To: icechanges@sasktel.net PH: (306)244-1363 www.smha.sk.ca Team Initiating Change: Division: Tier/Level: Coach or Manager's Name: Date: Coach or Manager's Signature: Ph. #: E-mail Address: IMPORTANT: Completion of this form is required for any changes to the SMHA League Schedules (games or practices) League games and referees CANNOT be cancelled. Any teams failing to show up for a scheduled game will default the game, be fined, and the coach will receive a minimum suspension of 5 games. Teams that leave a practice ice time slot vacant will be fined the cost of the ice rental. Substitute teams must be SMHA teams. All teams involved in the game change must sign this form. Coach or Manager may sign the form. Please refer to REGULATION 1X-13 of the SMHA Constitution for more information. A. ORIGINAL GAME / PRACTICE SLOT TO BE CHANGED: DIVISION: TIER/LEVEL: DATE ARENA START TIME **END TIME HOME TEAM VISITING TEAM** B. REPLACEMENT GAME / PRACTICE TO BE PLAYED IN ORIGINAL SLOT (from "A" above): DIVISION: TIER/LEVEL: DATE **ARENA** START TIME **END TIME HOME TEAM VISITING TEAM** C. ORIGINAL GAME / PRACTICE WILL NOW BE PLAYED: **DIVISION:** TIER/LEVEL: DATE ARENA START TIME **END TIME HOME TEAM VISITING TEAM** Description of the change (mandatory): **TEAMS INVOLVED IN CHANGE:** TEAM NAME: TEAM NAME: TEAM NAME: COACH: COACH: COACH: SIGNATURE: SIGNATURE: SIGNATURE: E-MAIL: E-MAIL: E-MAIL:

(PLEASE PRINT CLEARLY)

FORM MUST BE RECEIVED @ SMHA OFFICE AT LEAST 10 DAYS IN ADVANCE.

SCAN & EMAIL FORM TO icechanges@sasktel.net

PLAN EARLY FOR CHANGES!

### Blades Beyond the Rink

### **Program Overview**

This initiative encourages U13-U18 hockey teams to showcase their off-ice achievements by submitting photos, videos, and summaries. The emphasis is on nurturing leadership qualities, fostering team spirit, and contributing positively to the community. The goal is to develop well-rounded individuals who grow not just as athletes, but as responsible and empathetic members of society.

### **Key Objectives**

- Leadership & Team Building: Encourage activities that promote leadership skills and strengthen team bonds beyond the rink.
- Community Engagement: Inspire teams to engage in community service and projects, teaching players the value of giving back.

### **How Teams Can Participate**

- 1. **Capture Moments**: Document your team's activities through photos or videos that highlight leadership and community service efforts.
- 2. **Submit Summaries:** Write a brief summary of what your team has done or plans to do, emphasizing the impact on both the team and the broader community.
- 3. **Focus on Off-Ice Culture**: Highlight initiatives that foster personal growth and teamwork outside of hockey performance.

### **Actionable Tips for Teams**

- Organize Community Service Projects: Plan activities like food drives, neighborhood clean-ups, or volunteering at local shelters.
- Host Team Workshops: Arrange sessions on leadership skills, conflict resolution, mental health or mental performance education or other personal development topics.
- Create Team Traditions: Develop rituals or events that strengthen team identity and camaraderie.

### **Team of the Month Prize**

- 30 Game Tickets: Each winning team will receive 30 tickets to a Saskatoon Blades game, allowing players and team members to enjoy a live hockey experience together.
- Additional Tickets at Group Rate: If the team needs more than 30 tickets, they can contact the Blades office to purchase extra tickets at a discounted group rate.
- Scheduled Game Dates: The tickets are available for specific games on these dates:
  - Friday, October 17th
  - Saturday, November 22nd
  - Wednesday, December 17th
  - Friday, January 23rd
  - · Friday, February 27th
  - Saturday, March 21st

### **How to Apply**

- 1. **Prepare Your Submission**: Gather photos or videos and write a compelling story about your team's off-ice activities focused on leadership, team building, or community service.
- 2. **Send Your Submission**: Email your complete submission to Andrew Bailey at <a href="mailto:andrewbailey@sasktel.net">andrewbailey@sasktel.net</a>. Make sure your email includes:

A brief summary of your team's activities.

Photos or videos that capture these moments.

3. **Announcement of Winners**: The winning team will be announced one week before the designated Blades game, giving you time to plan and celebrate.





# MORE APPAREL OPTIONS



# aahockey.itemorder.com

