



Regatta Guide

~Lake Stevens Spring Sprints~

Lake Stevens Rowing Club

12308 17th Pl NE, Lake Stevens WA 98258

Saturday, April 18th, 2026

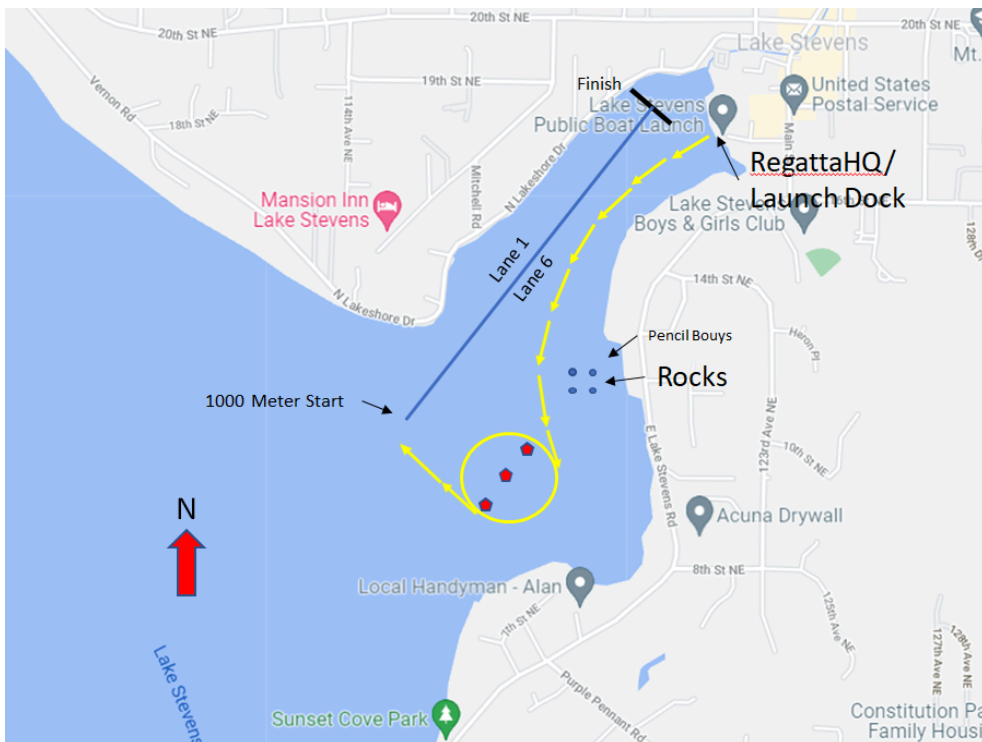
Welcome Northshore Rowing families to Lake Stevens Spring Sprints Regatta! This is by no means a complete guide to everything to expect but we are hopeful that it will help prepare you for the upcoming regatta. If you have any questions, please do not hesitate to ask! Email: board@inglemoorcrewbooster.org or reach out to us on the TeamLink app chat.

WHAT TYPE OF RACE IS THIS?

Hosted by the Lake Stevens Rowing Club, the Lake Stevens Spring Sprints Regatta is a **1000m** sprint race.

WHAT IS THE COURSE?

The 1000m sprint race will begin at the start point on the map below. There may or may not be stake boats helping at the start line, depending on availability. The finish is set off the public swim dock on N Lakeshore Drive. Yellow buoys will indicate the finish line.



WHO IS PARTICIPATING AND WHEN DO THEY RACE?

Currently, we have 10 boats racing this weekend. Lineups and events are coach prerogative and subject to change. Please double check race times on the day of, in case race organizers change the order of events and times. You can check [there](#). The Coaches and Coxswains Meeting will be held online at 6:30 pm Thursday Evening April 17th.

Race Day Timeline of Events (estimated):

6am Bus leaves Inglemoor HS (arrive by 5:50 am)

6 35 am Bus arrives at venue,

6:45 am All crew arrive and unload/rig boats.

8 am First race

3:42 pm Last race.

The trailer won't be back to the shellhouse to unload until Sunday.

Athletes will want to eat a light breakfast at home. Boosters will be providing light snacks/beverages.

Please bring a reusable water bottle.

Saturday April 18th Tentative Race Day Regatta Schedule*:

Event Number	Race Time*	Description	# of NSD/IHS Boats
1	8:00 am	Mens U17 8+	1
7	8:49 am	Womens U17 Novice 8+	1
13	9:38 am	Mens Open 8+	2
22c	10:48 am	Mens Open 4+	1
22d	10:55 am	Mens Open 4+	1
26c	11:44 am	Womens Open 2x	1
42	3:07 pm	Womens U17 Novice 4+	2
83c	3:42 pm	Mens Open 2x	1

Coaches have asked that rowers arrive for unloading and rigging **no later than 6:45 am**. Race times are subject to last-minute changes due to weather or other unforeseen circumstances—make sure to give yourself adequate time for transportation, parking, and locating your boat and unloading/rigging as necessary, as well as warmup. Parents, parking will be mostly streetside, you will likely need to park in the neighborhood and walk. Please plan accordingly.

HOW DOES MY CHILD GET THERE?

We have two vans transporting student athletes to this race. Vans will be leaving at 6 am from Inglemoor HS. As per School policy, rowers and coxswains are not allowed to drive themselves to this race. PLEASE NOTE it is critical that your athlete arrives when they are expected—failing to arrive on time not only jeopardizes their own race but affects an entire boat. Do not be late.

HOW CAN I WATCH?

Per the race organizers, city parks and public properties are all available for viewing. If you wish to watch from the finish, parking is available adjacent to the swim beach (North Shore Drive) and finish line pier. However, please do not interfere with the Finish Line's activities at the end of the pier. If you prefer to watch the finish head on, the raised public pier at the end of the course will be the spot for you.

WHO WON?!

Results will be available on [CrewTimer](#).

WHERE ARE THE TOILETS, CAN I BUY FOOD OR MERCHANDISE?

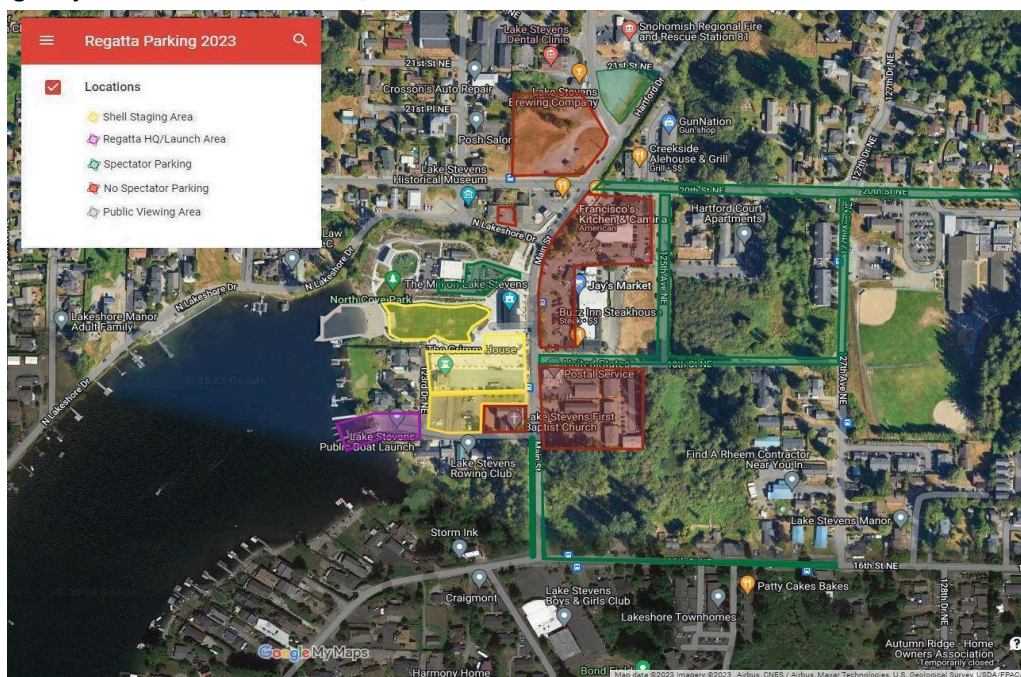
Restrooms are available near the boat launch and at the N Cove picnic shelter on site.

There will be merch for sale at this race. There will be no concessions on site but there are several restaurants and a grocery store across the street.

WHERE DO I PARK?

Spectators arriving in standard passenger vehicles should use street parking. (See Participant and Spectator Parking Map below. Note the map is labeled “Regatta Parking 2023” but rest assured, this is the map included on the 2026 Lake Stevens Spring Sprints Regatta Packet from the organizers.)

IMPORTANT: Please do not park in the shopping center parking lot, in the Post Office parking lot, in front of the apartment buildings adjacent to the Post Office, or North Cove Park.



WHAT DO I BRING?

A [suggested regatta packing list can be found on our website](#). Please look it over and check the weather for conditions.

Rowers should dress for the weather, and eat a nutritious light breakfast. Athletes should pack something to sit on (chair, blanket). They might also want to pack a blanket since they might need to warm up depending upon the weather. Also, each boat will determine what outfit they plan on racing in. If your athlete is not sure what to wear, have them contact someone else in their boat. **US Rowing requires everyone in a boat to wear the same uniform.**

Boosters will provide some light snacks and beverages, but athletes should pack a lunch for after their race.

WHAT'S THIS ABOUT WINNING A NEW CONCEPT2 ERG!?

Boosters is pleased to announce that we are now selling raffle tickets for you to win your very own Concept2 Erg! Raffle tickets are \$20 and will be on sale at all the next regattas. The lottery will be held May 20th at 8 pm. Banquet Night! You do not need to be present to win. Please buy one (or more!) before we run out. Sales are limited to 250 tickets. If you already own an erg, you can even donate it back to the program. Our winner from 2025 did just that!



HOW CAN I HELP? Please see the [Sign Up Genius](#) for a list of the needs for our Regatta Support efforts! Come on out to Lake Stevens and cheer for all the boats! If you have any questions, please do not hesitate to contact:

board@inglemoorcrewbooster.org.

Also, you can *definitely* sell raffle tickets! See Anna Nanavati to get tickets to sell or email her at fundraising@inglemoorcrewbooster.org

Inglemoor Crew Boosters is a 501(c) 3 organization, and your financial donation is

appreciated and also tax deductible. Several companies such as Boeing and Microsoft will also match your cash donation! Our PayPal link is

https://www.paypal.com/donate/?hosted_button_id=S7SPFHDRDJKPU

We also take checks and Zelle, and these methods of donation allow our organization to retain more of your financial contribution! Contact treasurer@inglemoorcrewbooster.org for more information.

HOW ELSE CAN I STAY INFORMED?

Check out our website! [Inglemoor Crew Boosters](#) Here you can find our Regatta Guides, learn more about the sport of rowing, and contribute towards our Booster support for every rower. Thanks for your support! Go Team!