



FORT SASKATCHEWAN'S LOCAL SUPPORT NETWORK



Feeling unsure about which agency is the right fit for you? Any of these community partners would be happy to assist you in navigating the support network.

REMEMBER, THERE'S NO WRONG NUMBER IN OUR COMMUNITY



**Family & Community
Support Services**
CITY OF FORT SASKATCHEWAN
780.992.6267

- Outreach Supports
- System Navigation
- Community and Agency Supports
- Workshops and Trainings
- Community Programs

FCSS Youth Outreach Intake

780.992.6267

- Short term, goal oriented, one-on-one support to youth ages 6-18 and their families
- School, home, office, or community visits offered



The Bridge Wellness Hub for Youth by Kickstand

780.589.0024 facebook.com/TheBridgeWHY

- Youth 11-24
- Youth and Family centered health, mental health and social support services



Families First Society

780.998.5595 ext. 221 familiesfirstsociety.ca

- Play programs, Family support and education, Family Violence Prevention, System navigation, Connection to resources for all ages



211 Alberta

2-1-1 ab.211.ca

- Connects you with the proper resource or service for your situation. Live answer 24/7
- If you're having an emergency call 9-1-1



Fort Saskatchewan Public Library

780.998.4275 fspl.ca

- Educational and entertainment resources, services and programs for all ages



BGC Fort Saskatchewan

780.992.0103 fortsask.bgccan.com

- Children & Youth 6+
- Before/After school care, youth programs
- Family Supports and programs



For more information and services, please visit fortsask.ca/FCSS

Kids Help Phone

1.800.668.6868 kidshelpphone.ca

Text CONNECT to 686868

- 24/7 e-mental health services to young people in Canada



Child Intervention Intake

1.800.638.0715 alberta.ca/child-intervention

- Offers to work with children, youth, and families to ensure the safety and well-being of children and youth



Saffron Centre

780.449.0900 www.saffroncentre.com

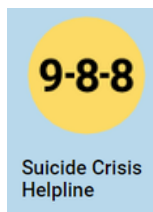
- Counselling, education, and advocacy for individuals impacted by sexual violence



Suicide Crisis Helpline

988 Call or Text 988.ca

- A safe space to talk, 24 hours a day, every day of the year
- If safety is at risk, call 9-1-1 right away



Fort Saskatchewan Nourishment Center/Food Bank

780.998.4099 fortsaskatchewanfoodbank.com

- Food Hampers (T,Th)
- Daily Bread+ (M,W,F)
- Christmas Hamper and Toys



Indigenous Support Line

1.844.944.4744 or 811

- Support line for First Nations, Métis, and Inuit people
- Connects callers with Indigenous listeners who can provide culturally appropriate care and healthcare guidance



AHS Addiction and Mental Health - Intake Services, Child and Adolescent

825.402.6799

- Provides a single intake service for child and adolescent community mental health clinics across the Edmonton Zone



Distress Line

780.482.4357

- The Distress Line is available 24/7 for those in crisis or distress or those supporting someone who is



Hope for Wellness

1.855.242.3310 hopeforwellness.ca

- Offers 24/7 support and counselling services to Indigenous peoples



Hope for Wellness

Robin Hood Association

780.992.0035 robinhoodassoc.com

- Children and Youth Services offers family-centered programs and respite services to children with disabilities and their families



For more information and services, please visit fortsask.ca/FCSS