

Norman Regional Minor Hockey Association



Norman Region Minor Hockey Association Inc.

Constitution and Bylaws

2025 / 2026

Updated at Norman AGM May 23/25

Article #1 Name

- a) The Association shall be known as the Norman Regional Minor Hockey Association Incorporated.
- b) For brevity, the letters NRMHA shall designate the Association.
- c) The NRMHA shall be incorporated on an annual basis.

Article #2 Objectives

- a) To encourage and foster Minor Hockey at all levels.
- b) To promote and encourage true sportsmanship, fair play, good citizenship, friendly competition, enjoyment, and full participation: not only for the team members but also for coaches, managers, parents and association officials.
- c) The Association will foster the belief that “It shall be the prerogative of every child to have an equal opportunity to play and participate.”
- d) The Association will abide by the rules and regulations of the Hockey Canada and Hockey Manitoba except where stated otherwise herein.

Article #3 Membership

- a) The NRMHA shall be open to Minor Hockey Associations within the boundaries as prescribed by Hockey Manitoba
- b) The NRMHA Executive shall consist of the elected representatives.
- c) The President of each local Association shall be a member of the NRMHA.
- d) All Associations shall submit to the NRMHA Executive a list of their Associations Executive. To include President, Directors of all categories, Tournament Chairperson(s), Hockey Development Coordinator, Referee in Chief and Secretary/Registrar.
- e) All Associations shall submit a copy of their constitution to the NRMHA at the annual meeting and provide an update of all changes.
- f) The Norman AAA U18 Hockey Club shall:
 - i) be a member of the NRMHA.
 - ii) be a member of the Hockey Manitoba U18 AAA Hockey League.
 - iii) submit a written report at all NRMHA meetings.
 - iv) All 15 / 16-year-old players released from the Norman AAA U18 Provincial

Program

shall tryout for the Regional U17 AAA program prior to any release being considered.

- v) shall submit a written request to the NRMHA for approval to roster more than three 15-year-old players in a season
- f) All teams, players, coaches in Norman Region registered with Hockey Manitoba are subject to the bylaws, constitution and dues of the NRMHA.
- h) The AAA host community shall be determined at the NRMHA annual September meeting for the following season.
- i) All Associations shall forward a copy of all their registration papers (rosters, add/ delete forms) to the regional treasurer with the appropriate regional registration fees.

Article #4 NRMHA Executive

- a) The NRMHA Executive shall consist of the:
Director of Minor, Director of Female, Secretary / Treasurer,
Vice Director At Large, Officials Coordinator, Director of Development
- b) In addition, the NRMHA Executive shall consist of the President or alternate President of each Association and the Regions U18 AAA Hockey Club in good standing. The alternate President will produce their proxy in writing or by phone call to the Director to determine voting status.
- c) Any elected NRMHA Executive member missing more than two (2) consecutive meetings without just cause shall be relieved of their duties. At this time, should it ever occur, the current Executive shall have and maintain the right to appoint a suitable replacement for the said position and shall hold the said position for the duration of the season, at which time Executive elections are held.
- d) The Officials Coordinator shall be appointed as per Hockey Manitoba handbook.
- e) Elections shall alternate from year to year –

Even Years - Director of Minor, Secretary /Treasurer and Director of Female,
Odd Years Director of Development, Director at Large

All positions are for two-year terms.

- f) Any players, Coaches, Managers, or Association Executive may be suspended for action deemed detrimental to hockey until Regional Executive deals with the case.

Article #5a Meetings NRMHA

- a) Location of NRMHA Fall Annual, Semi Annual and Annual General meetings shall be as per the NRMHA Executive.
- b) Notice of meeting for the NRMHA shall be issued at least three (3) weeks prior.
- c) There shall be a minimum of three (3) meetings. All meetings to be held prior to the Hockey Manitoba Annual General, SemiAnnual (Conference Call), and Fallboard meetings. The meeting shall be deemed mandatory for all Association Presidents or alternate unless prior notification has been made and approved by the Board.

The NRMHA shall have a \$4.00 per registered member participation bond.
The NRMHA shall rebate each Association who attends the fall and Spring AGM meeting. The rebate will be \$2.00 per registered member for each meeting attended.
The Association President or delegate can attend for the rebate.

A NRMHA Executive member is not an approved delegate or alternate for an Association.

(As approved at Fall 2013 Meeting)

- d) Attendance at the Annual (Fall) shall be mandatory for all local Registrars or registration forms will be withheld until proper arrangements have been made. Associations not attending shall be responsible to cover any and all costs associated with registration. The registration meeting shall be deemed mandatory for all Association Registrars or alternate unless prior notification has been made and approved by the Board. Any Association not attending the entire meeting without prior approval shall be fined \$500.00 with all fines collected divided equally amongst the associations who are in attendance for the entire meeting.

Article #5B Meetings Hockey Manitoba

- a) NRMHA shall designate three members of the NRMHA Executive to attend the Hockey Manitoba Council meetings (Fall, Semi Annual, AGM). All eligible expenses are covered by Hockey Manitoba.
- b) The NRMHA can designate an alternate to attend the Hockey Manitoba Council Meetings (Fall, Semi Annual, AGM) if required. All Eligible expenses shall be covered by the NRMHA.

Article #6 Amendments to the Constitution

- a) The NRMHA constitution may be amended by submitting of notice of motion to the Norman Director, a minimum of thirty (30) days prior to the annual meeting. The Director shall circulate said notices of motion to the NRMHA Executive a minimum of fourteen (14) days prior to the annual meeting.
- b) At the annual meeting, a Notice of Motion to the Constitution requires a 2/3-majority vote.

Article #7 Constitutions, Bylaws and Regulations

That where the provisions of this Constitution, Bylaws or Regulations are inconsistent with the Constitutions, Bylaws and Regulations of the Hockey Canada and Hockey Manitoba, the Hockey Canada and Hockey Manitoba Constitution, Bylaws and Regulations shall prevail.

Article #8 Regional Awards / Scholarships

The NRMHA shall have an annual Rookie of the year Officials award for a 1st or 2nd year Official who is new to the program, the award is to Recognize a young 13- or 14-year-old Official.

The NRMHA shall have the annual Norman Regional Minor Hockey Awards. These awards are presented annually at the Spring General Meeting to our regional volunteers in the categories of Coach, Administration and Officials. The Regional Hockey Awards are a great way to recognize volunteers in your community for their time and dedication.

All award nominations sent into the Vice Director at Large before the deadline date be the only nominations for awards. There are no nominations from the floor. *(Moved from Article 5e)*

Scholarships –

The NRMHA will award annually four \$500 scholarships to graduating grade 12 students who have been accepted to attend a post-secondary institution.

The successful candidates will be mailed their appropriate cheque to the address provided on the application form submitted. Each candidate must verify entrance into the Post Secondary Institute, including verification of tuition payment prior to receiving the appropriate scholarship.

The recipients will be selected by the NRMHA Board of Directors and will be presented at their respective grade 12 graduation ceremonies.

Officials

One Male and one Female Official who has been active for the past 3 seasons.

Players

One Male and one Female Player who has been active for the past 3 seasons.

ELIGIBILITY

Student athletes who are Hockey Manitoba members and Manitoba residents attending post secondary education within Canada. Applicants must be a graduating Norman High School student.

Note: Applicants cannot be a carded Junior Hockey player.

QUALIFICATIONS

- Meet the admission standards of the University or Community College.
- Enrolled full time and receiving full time credits at a Canadian University or College.
- Community involvement.
- Hockey involvement.

Article #9 Discipline / Registration - Appeals Procedure

Any member of the Association incurring a suspension and as a result who wishes to appeal, shall have his/her appeal processed by the NRMHA Discipline Committee in conformity with the procedures as outlined below.

Note: Appeals for minimum suspensions will not be entertained.

- A. Any individual wishing to appeal a suspension assessed by a registered league or association must firstly appeal to the registered league or association in question and, if dissatisfied with the decision, may then apply for a hearing before the NRMHA Discipline Appeal Committee.
- B. Any member assessed a direct suspension by Hockey Manitoba for violation of a playing rule (not eligibility) will be entitled to appeal to the Hockey Manitoba Discipline Appeal Committee.
- C. Any member or individual wishing to file an appeal with the NRMHA shall forward to the Director of the NRMHA a letter to the attention of the Appeal Board Chair, outlining all particulars pertaining to the case. Such letter will be accompanied by the proper appeal fee (\$150.00).
- D. The decision of the NRMHA Discipline Appeal Committee shall be binding upon all parties and without right of further appeal unless Hockey Manitoba provisions apply in which case the appellants will be referred to that body.

REGISTRATION APPEALS

Any Appeal pertaining to registration matters will be processed by the Registration Appeal Committee in conformity with procedures as outlined below.

- A. The Registration Appeals committee shall be made up of any three members of the NRMHA
- B. An appeal of any decision by the Director may be made by the player, team, or Association concerned. Such appeal shall be made in writing to the Director and shall clearly state the grounds for the appeal.
- C. The Committee shall have the right in considering and determining questions respecting the appeal to act upon any kind of evidence, circumstantial or direct. The Committee may suspend a player pending consideration of his/her case.
- D. The Registration Appeal Committee shall render a decision in the matter before them no later than 24 hours from the conclusion of the appeal hearing.

- E. The decision of NRMHA Registration Appeal Committee shall be binding upon all parties and without right of further appeal, unless Hockey Manitoba / Canada provisions apply, in which case the appellant would be referred to that body.

Article #10 Hockey Manitoba social media and Networking Policy

All Nrmha Associations and Hockey Manitoba members shall follow the Hockey Manitoba social media Policy. (See Attachment) See Policy Manual

Article #11 Policy Guideline / Resource Material – See Policy Manual

NRMHA BYLAWS

Bylaw #1 Banking and Finance

- a) The NRMHA shall maintain its accounts in Chartered banks.
- b) All withdrawals or cheques shall require the signature of the Director and Treasurer.
- c) A financial statement will be provided at the SemiAnnual, Annual and Annual General meetings in writing by the Treasurer,
- d) All expenses shall be directed to the Treasurer at meeting for approval prior to payment.
- e) The Treasurer shall provide an audited financial statement, if the majority of the NRMHA Executive requests it at the Annual General meeting. The auditor(s) shall be appointed by the NRMHA Executive.
- f) All Associations shall be assessed a fee per registrant - player/ coach/ manager/ trainer by the NRMHA at the Annual Fall meeting.
- g) Excluding approved exceptions if a team forfeits or withdraws from the Hockey Manitoba Provincials Playoffs after the semi-annual meeting they shall be fined \$500.00 and any associated costs by the NRMHA.
- h) All officials who travel over 75 Km one way shall be paid an extra 15.00 each for the trip.
- i) Past registration payments from NRMHA Associations are due in full by August 15 or members will not be in good standing.
- j) NRMHA shall pre-invoice all Association for the new season at the Fall AGM, September. Invoices shall be based upon Registration numbers from the previous season and payment in full is due by December 1 of the current season.

Bylaw #2 Expenses for NRMHA Executive

- a) A fee per registrant shall be set up and utilized to cover the expenses for the elected NRMHA Executive.
- b) Expenses of the NRMHA elected Executive shall be paid by NRMHA upon proper receipt to cover (travel, meals, accommodations) to attend meetings, and (mail, bus, phone) to conduct Association business. **Travel and meals will be 45 cents per kilometre, \$10 for Breakfast, \$15 for Lunch and \$25 for dinner.**
- c) A fee per registrant shall be set up and utilized to cover the Regions Hockey Development Program. A proposed budget shall be submitted for approval at the Annual Fall meeting.
- d) A fee per registrant shall be set up and utilised to cover the Regions Officials Development Program. A proposed budget shall be submitted for approval at the Annual Fall meeting.

Bylaw #3 Duties of the NRMHA Board of Directors

a) It shall be the duties of the Director of Minor

- i) Preside at all meetings of NRMHA and vote only as a tie breaker.
- ii) Perform such further and other duties as pertain to the office of the Director and generally, carry on the business of the NRMHA.
- iii) Cosign all cheques with the Treasurer.
- iv) Perform duties assigned by Hockey Manitoba handbook.
- v) Provide a written report at all meetings.
- vi) Report to Chair of Rural Minor hockey
- vii) Attend Hockey Manitoba Meetings as required/ designated by the NRMHA.
- viii) Be responsible for the supervision and general conduct of all minor hockey in the region.
- ix) Be responsible for the discipline of players, coaches in accordance with the Hockey Manitoba suspension guidelines.
- x) Provide a written report to the Fall, SemiAnnual and Annual General meeting of Hockey Manitoba.
- xi) Ensure that the constitution for the Region is updated and submitted to Hockey Manitoba annually.
- xiii) Represent the Region at Hockey Manitoba Meetings.

- xiv) Represent Hockey Manitoba at local Minor Associations as required.
- xv) Chair the Regional Registration Committee.
- xvi) Ensure that the Regions membership is aware of Hockey Manitoba programs and provide information to the Region membership as to how they may access such programs.
- xvii) Be available to be called upon by the Chair of Minor Hockey to assist in community work or other hockey related activities.
- xviii) Keep a full record of the names, addresses, and phone numbers of the NRMHA Executive and the Presidents of all the NRMHA Associations and circulate such lists to all NRMHA Executive and Associations.
- xviii) Conduct the correspondence; keep copies of all letters written and files of all letters received.
- xx) Be responsible for interpretation of Hockey Manitoba and Hockey Canada Regulations.
- Xx1) Coordinate activities in the Region.
- xxii) Coordinate, schedule all games for the Norman Region Minor Hockey Leagues
- xxiii) Assist the Directors as required in the absence of any Director he/she shall have all authority and perform the duties of that Director
- xxiii) Attend the Hockey Manitoba Annual meeting and have a vote at the Minor Council and plenary sessions.

b) It shall be the duties of the Vice Director at Large to:

- i) Coordinate activities in the region.
- ii) Provide written report to the NRMHA meetings.
- iii) Coordinate, schedule and approve all regional tournaments.
- iv) Assist the Director of Development in coordinating the Norman Elite programs.
- v) Assist Director as required
- vi) Coordinate the NRMHA annual Awards program
- vii) Coordinate, schedule and approve all regional playoffs.
- viii) Ensure Regional playoffs are conducted within the Region in accordance with Hockey Manitoba regulations.
- ix) **Organize Social Media. Keep the website updated, sharing information pertaining to tournaments, development programs, regional teams. Facebook/Instagram/Twitter....**

- x) This position shall be considered as a lead into a Directors position

c) It shall be the duties of the Secretary / Treasurer to:

- i) Receive all monies of the Association and deposit same to the credit of the NRMHA as and when received in such chartered bank as may be designated.
- ii) Pay all accounts as authorized by the NRMHA. (MTS, postage, bus, Stationary)
- iii) Maintain a record of all receipts and expenditures.
- iv) Cosign all cheques with the Director of Minor, Officials Coordinator and H/D Coordinator.
- v) Have all books subject to inspection of the Director at all times and shall produce them whenever required by the NRMHA Executive.
- vi) Collect all NRMHA registration fees.
- vii) Provide a written report for all NRMHA meetings.
- viii) Collect all regional fees as approved by the NRMHA board.
- ix) Co-sign all cheques with Director Minor.

d) It shall be the duties of the Past Director to:

- i) Assist in keeping an accurate record of all the proceedings of all the meetings.
- ii) Act as an advisor to the NRMHA Board and attend all NRMHA Regional Meetings for one year.
- iii) Perform assigned duties as designated by the NRMHA board or the Director.
- iv) Provide a written report at all NRMHA meetings
- v) Will assume duties as the recording secretary of the Association
- vi) Assist in keeping an accurate record of all the proceedings of all the meetings. Assign a person to record minutes of meetings as required.
- vii) After every meeting distribute a copy of all minutes to all NRMHA Executive members and Associations as soon as possible.
- viii) Assume duties as Commissioner of the NRMHL Leagues

e) **It shall be the duties of the Director of Development to:**

- i) Attend NRMHA meetings and report.
- ii) Organize and coordinate all Initiation, Coach, Development 1 and Safety clinics in the Region.
- iii) Help promote all Hockey Manitoba programs in the Region.
- iv) Cosign H/D Account with the Officials Coordinator
- v) Submit proposed budget for approval at Annual Fall meeting.
- vi) Provide NRMHA a written report at all meetings.
- vii) Inform all host clinic registrars of their duties and responsibilities. Work with them if necessary so they know and understand what is expected of them.
- viii) Assist Hockey Manitoba Coach Development Committee with the promotion, development and implementation of Hockey Manitoba Programs.
- ix) Assist the Director of Minor with all matters that relate to implementation and maintenance of Hockey Manitoba programs in the Region.
- x) Make all team officials aware of the coach model and its requirements. Also make them aware of the requirements for all future seasons as well.
- xi) Act as liaison between the Region and the H/D Committee. Bring ideas and concerns of the Region to the CDC's attention, as well as bring any information from the CDC to the Region.
- xii) Update Region on current resource materials available from the Hockey Manitoba office.
- xiii) Attend Hockey Manitoba Annual General, SemiAnnual and Coach Development Coordinators meetings as required.
- xiv) Administer the NRMHA Clinic Matrix.
- xv) Attend Hockey Manitoba Meetings as required/ designated by the NRMHA.

This position shall be considered as a lead into a Directors position

f) **It shall be the duties of the Regional Officials Coordinator to:**

- i) Attend all provincial Referee meetings called by the Hockey Manitoba Referee in Chief.

- ii) Assign all Regional certification and recertification clinics in the spring of each year with the Regional Minor Hockey Associations.
- iii) Organize and attend all regional supervisors' workshops for the supervision program.
- iv) Organize the assignment of all hockey games in the Region.
- v) Provide for ongoing development and evaluation of all referees in NRMHA.
- vi) Communicate all information that is received from the various workshops and meetings back to community assignors, league assignors, Regional and league Executives.
- vii) Develop a Regional Referee Development Committee.
- viii) Hold one or two meetings per year with all community and league assignors to discuss Regional and Provincial concerns in relationship to Hockey Canada and Hockey Manitoba rules and policies.
- ix) Work with Director of Development to certify referee course conductors and help coordinate clinic registrars and course conductors.
- x) Help all community Referee in Chiefs with the assessment program, coordinate and perform assessments on Regional Referees.
- xi) Set up the Regional Supervisors Workshop or recruit officials to attend the Provincial Workshop.
- xii) Develop and coordinate all referee activities within the Region such as clinics, supervisions and assignment of games.
- xiii) Attend Regional meetings and work with all partners within the regional boundaries.
- xiv) Report to the Provincial (branch) Referee in Chief on a regular basis.
- xv) Attend meetings called by the Provincial Referee in Chief
- xvi) Create a working relationship with all league and community Referee in Chiefs within the Regional boundaries.
- xvii) Create an officials ladder that all officials would place on. The ladder will be developed by consulting with all league and community Referee in Chiefs.
- xviii) Develop job descriptions for all league and community Referee in Chiefs.
- xvii) Provide the NRMHA a written report and a financial report at the Annual General, Annual fall and SemiAnnual meetings.
- xx) Coordinate the Regions Referee in Chiefs and be a contact person for all referees in the Region.

- xxi) Be the Regions Officials Supervisors Coordinator.
- xxii) Shall set up a Regional Officials Committee of Association officials.

The Regional Officials Coordinator (RRC) shall be chosen as per the Hockey Manitoba handbook.

g) It shall be the duties of the Director of Female to:

- i) Attend Hockey Manitoba Meetings as required/ designated by the NRMHA.
- ii) Be responsible for interpretation of Hockey Manitoba and CHA regulations.
- iii) Coordinate activities of Female Hockey in the Region.
- iv) Provide written report at all NRMHA meetings.
- v) Be Regional Coordinator for Norman Female programs.
- vi) Assist the Director of Minor as required. In the absence of the Director of Minor he/she shall have all authority and perform the duties of the Director of Minor.
- vii) Attend all Hockey Manitoba meetings and have a vote at the Minor Council and plenary sessions.
- viii) Act as substitute for the Director of Minor at any Hockey Manitoba meeting and carry the rights afforded to the Director of Minor, as needed.

This position shall be considered as a lead into the Director of Minor position.

Bylaw #4 Officials

- a) All officials used in the NRMHA shall be duly registered with Hockey Canada.
- b) Officials Fees and Mileage shall be paid as per the Hockey Manitoba Guidelines
- c) **Whenever an Association or Team brings Officials in from out of Town , those Officials will receive their payment for Game Fees and Expenses in full after the Officials last game of the event.**
 - **A) Norman Minor Hockey League Play or Exhibition Games**
 - **B) All Minor Hockey Tournaments held within the Norman Region**
 - **C) All Norman Regional Team League and/or Exhibition Games (Including U15 AAA Male & Female / U18 AAA Male & Female)**
 - **D) All development program Games and/or Exhibition (including POE , Rising Stars , Directors Cup , etc**

Bylaw #5 Tournaments

a) Regional Tournaments

- i) All proposed NRMHA tournament dates must be submitted before April 1 for approval at the annual meeting. The NRMHA will approve all proposed dates and ensure schedules do not conflict with other centers at the annual meeting.
- ii) No changes to tournament dates will be permitted without the approval of the NRMHA tournament committee after the Annual General meeting.
- iii) All tournament dates submitted after the annual meeting may be approved only if there is no conflict with any other regional tournament.
- iv) Any tournament not approved by the NRMHA will not be sanctioned.
- v) Any Association who wishes to host a previously unscheduled tournament must get approval of the NRMHA tournament committee.
- vi) The NRMHA tournament committee shall consist of the Director of Minor, and Director of Development.
- vii) All regional tournaments involving regional teams only must have regional sanction approval from the NRMHA. Tournaments involving teams from outside the region must have a Hockey Manitoba sanction approval and a regional sanction approval.
- viii) All regional tournaments shall follow regional tournament guidelines and rules.
- ix) The NRMHA shall monitor regional participation in all regional tournaments and report to the annual meeting.
- x) All Associations hosting tournaments shall submit all game sheets to the Regional Director immediately following a tournament. Associations not submitting game sheets will not receive sanction approval for any other tournaments until all game sheets have been received by the Regional Director.
- xi) The Hockey Manitoba Registrar will send a copy of the sanction approval form and all participating teams' rosters / player's lists to the Regional Director.
- xii) That AA centers hosting an AA Tournament must send out notice they are hosting with a minimum of 4 AA teams attending, 4 weeks prior to Tournament date

b) Norman Tournament Rules

- i) All regional tournaments must be sanctioned
- ii) All Tournaments require a Hockey Manitoba Sanction.
- iii) Deadline for sanction application is 21 days prior to the tournament.

- iv) Tournament Sanction fees are per the Hockey Manitoba Handbook.
- v) Applications for a sanction shall be made on the Hockey Manitoba sanction form.
- vi) The Hockey Manitoba Registrar will email/ approval to host center and said form shall be posted in the arena.
- vii) The Hockey Manitoba Registrar will email a copy of the approval and all participating teams' rosters / player's lists to the Regional Director.
- viii) All rules for Norman Hockey tournaments will be as per the Hockey Manitoba Handbook with the following additions:
 - a) All stop time games will have a seven (7) goal mercy rule, 7 or more goal spread and the game will revert to running time.
 - b) The last two (2) minutes of any period of hockey will be stop time.
(Games running under the mercy rule will be excluded from this)
 - c) No hockey game other than those in round robin will end in a tie. Overtime will consist of ten (10) minute running time periods. After the first overtime period each team will be allowed a maximum of four (4) hockey players on the ice.
 - d) All tournament rulings are to be made by a member of the hosting minor hockey executive.
- xiv) An application for rule change can be made to the Norman Director no later than 14 days prior to the tournament start date. Any rule change will be given to the coaches prior to the start of the tournament and posted with your tournament sanction. Posted rule changes will have to be signed by the Norman Director and explain the reason for the rule change. Rule changes will not be accepted under any circumstances if not applied for within the proper time limits. (Rule changes may not be appealed, Director's decision is final.)
- x) All Norman Regional Hockey Manitoba Playoffs be run as per the Hockey Manitoba Handbook.

Bylaw #6 Minimum Suspension Guidelines

NRMHA Suspension Guidelines as per the Hockey Manitoba Handbook

Bylaw #7 Suspension Regulations

- i) Balance of season will be carried over to the next season where there are less than the number of games or days left for a player, coach, manager to finish a suspension in the current season.

- ii) Games/ days indicate the number of regularly scheduled games in house league or tournaments before the suspension.
- iii) All suspensions in regional tournament games must be reported to the Director.
- iv) All suspensions in local association exhibition games, house league games and regularly scheduled games shall be dealt with by the local association, but the Director must be notified immediately.
- v) All suspensions by all centers must be reported to the Director immediately following the game. Any player, coach, manager receiving a match penalty under guidelines #17 is suspended immediately until the suspension has been dealt with by the Director of the region or Hockey Manitoba.
- vi) Centers can strengthen the policies of the Hockey Manitoba/NRMHA but cannot weaken them.

TRASH TALK POLICY

- Trash talk or use of "F"- word - initial use - a warning to both teams
- Flagrant or continued usage of the "F" - word where the whole arena hears it, or it was directed at someone –
 - 1 st Offence Minor Penalty
 - 2 nd Offence Misconduct.
 - 3 rd. Offence in the same game - a game misconduct.

Trash talks or "F"- word coming from the bench, either players or coaching staff – after the initial game warning, then an unsportsmanlike minor, and then a game misconduct. If a player on the bench is penalized for trash talk or using the "F"- word and has already received an unsportsmanlike minor, the penalty will be an automatic game misconduct.

Bylaw #8 NRMHA Committees

Tournament	Director of Minor, Director of Development, Director at Large
Disciplinary	- Director of Minor as per the Hockey Manitoba Handbook.
Registration	Director of Minor, Directors,
Appeals/Protests	Directors, Officials Coordinator, Past Director.
Administration	Director of Minor, Secretary / Treasurer.
Awards Committee	Director of Female, Director at Large, Officials Coordinator.
Officials Committee	Regional Officials Coordinator, Association Officials to be determined by

Officials Coordinator.

Bylaw # 9 NRMHA Elite Programs Policy refer to the NRMHA Policy Manual

Bylaw #10 TRAVEL PERMITS

Regional Tournaments, playoffs or exhibition games shall not conflict with any scheduled travel to NRMHA Tournaments league games or playoffs. If such a conflict arises the NRMHA may rescind the NRMHA travel permit.

Teams planning to attend a tournament within the Branch (Manitoba) shall complete this form and obtain approval from the local Association and the NRMHA. There is NO CHARGE for a permit to a tournament in Manitoba.

Teams planning to travel outside of the Branch (outside Manitoba) to attend a tournament or to play an exhibition game(s) require a HOCKEY MANITOBA TRAVEL PERMIT. The team must first obtain the NRMHA Travel Permit before applying for the Hockey MB Travel Permit.

THE HOCKEY MANITOBA TRAVEL PERMITS ARE ONLY AVAILABLE FROM THE HOCKEY MANITOBA OFFICE

Associations / Teams WILL BE REQUIRED TO PAY HOCKEY MANITOBA FOR THE PERMIT.

In order to avoid potential disqualification, teams shall have in their possession a copy of their HOCKEY MANITOBA approved roster and their approved Travel permit signed by their local Association and the NRMHA.