NSSSAA Golf Playing Regulations ~ June 2026

1. All participating schools must be members of NSSSAA and subsequently NWOSSAA. All participants must meet the eligibility rules of the league. Eligibility lists must be received before the tournament.

2. A and B team competitions with 5 persons per team will be included in the tournament, with girl's teams welcomed. If there are at least one-half of the NSSSAA schools represented with complete girls teams at the annual Golf Championship, a girls banner will be awarded. Girls competing on the 'A' or 'B' teams for their school must play from the same tees as all other 'A' and 'B' team competitors. (Motion # 3 2006)

3. Best 4 out of 5 gross scores will be counted for each team. The team with the lowest total will be declared the winner.

4. In the event of a tie between two or more schools, the top two scorers from each school involved will play off as a two-man team representing their school. The playoff will be sudden death using team total score.

5. Golf awards consist of medals for the winning team members as well as medals for the low gross scores for both Boys and Girls. If there is a tie for first place in the individual Boys' and Girls' competitions, there will be a sudden death playoff to determine the winner.

6. The NSSSAA Golf Championship will be held annually in September.

7. The current R.C.G.A. rulebook shall be followed.

8. The tournament will begin with a shotgun start.

9. NSSSAA rules stipulate that a fee will not be levied against a participating team. However, if a host school is in the situation whereby the local golf club wants to levy green fees, then the NSSSAA convenor is empowered to either:

    a) absorb the costs as the host school, or

    b) transfer the venue to the next school in rotation.

10. Foursomes for NSSSAA golf will be comprised of students of comparable golfing ability based on true handicaps submitted to the tournament convenor. (See Reg, 15 for handicaps)

11. The convenor or his/her designate has full authority to eject a participant for contravention of the NSSSAA Code of Behaviour for participants.

12. No caddies will be allowed at the NSSSAA championship.

13. No coaching is allowed while the game is being played.

14. Coaches are welcome to golf during a practice round, however, only student athletes may golf on the day of the championship. (Motion # 4 and #5 2008)

15. This being an NSSSAA championship, Athletic Directors are to encourage coaches to limit team members to competitive players (2009)

    - ~~In order for a boy to participate in an NSSSAA golf championship he should have a handicap of 24 or less.~~
    - ~~In order for a girl to participate in an NSSSAA golf tournament she should have a handicap of 30 or less.~~
    - ~~These handicaps must be based on a minimum of 3 rounds of 9 holes as witnessed by the golf coach. (2018)~~

    - Coaches are required to submit the following information to the convenor at least 3 days prior to the NSSSAA Golf Championship. The results of 5 rounds (18 holes) all of which have to be witnessed by another golfer (signed and dated scorecard) which will be used to calculate a handicap for each player for the purpose of creating the tee groupings for the tournament, and ensuring that players meet the minimum standard of a 20 handicap for males and a 25 handicap for female golfers. At minimum, two of these rounds must be witnessed by the coach to ensure player knowledge of proper etiquette and the Rules of Golf. The chart at the end of these regulations shall be used to record this information.
    - If 5 rounds of 18 are used, the Score Differential (Handicap) will be based on the lowest round. If 10 rounds of 18 are used the Score Differential (Handicap) will be the average of the lowest three scores (2026).

16. At NSSSAA Golf, there will be Marshals stationed at specific stations on the course and score keepers will be assigned to each group. Scorekeepers who are coaches are not to be assigned to a group with one of their students if at all possible (2013).

17. A 10-stroke cap shall be applied per hole for all golfers. Golfers may play out a 10-stroke cap twice per round to keep a competitive score. On the third occasion they score more than 10, they become a participant instead of a competitor and their score will not be counted for team or individual competition (Motion 18, 2025). Any competitor exceeding the maximum stroke limit on three holes and significantly delaying pace of play may be withdrawn from competition at the discretion of the convenor upon notification of a marshal (2026)

18. If a golfer unknowingly breaks a golf rule or a golfer purposefully cheats and after receiving a warning continues to do so; the coach/supervisor will inform the marshal who shall disqualify the participant from the competition at the completion of the round. Incident cards will be used to record infraction and will be provided to coaches and marshals at the pre-tournament coaches meeting (2026). An example of an incident card can be found below. (2018)

NSSSAA Golf Handicap Calculation

Score Tracking Sheet

Name of Player : _____

Name of School : _____

Name of Coach: _____

Date	18-Hole Score	Score Differential (Avg. Gross Score – Course Rating) x 113 Slope Rating	Witness	Player Signature

- Use the result of the lowest round calculation to determine handicap if using 5 rounds or less.
- Use the average of the lowest three round calculations for 10 rounds.

NSSSAA Golf Infraction Card

Golfer:_____

Hole #:_____ First Warning: ☐ YES ☐ NO

Description of Incident:

NSSSAA Golf Infraction Card

Golfer:_____

Hole #:_____ First Warning: ☐ YES ☐ NO

Description of Incident: