

Hello and welcome to the 2026/2027 U12 RAMS season!

My name is Shawn Cation, and I am incredibly honoured and excited to have been named the U12 RAMS competitive "B" Head Coach.

I would like to welcome you all to competitive hockey, and the tryout process, for the 2015 born players to experience a competitive hockey environment, within the Stittsville RAMS association. This season will follow Hockey Canada's Pathways program, with a focus on team/ skill development, in a fun and safe environment. I encourage all 2015 born players with a desire to play competitive hockey to attend the tryouts.

The association has scheduled tryouts for early September and have ensured a fair and unbiased process with independent evaluators, as all players registered will have equal opportunity to make the team. During the tryouts, players will be assessed on their skating, shooting, and passing, along with essential qualities such as work ethic, attitude, focus, hockey IQ and team play.

Our U12 coaching staff will be focused on creating a positive team culture with a team first attitude. I believe that through our team environment, individual dedication and ambition, our kids will not only develop on the ice, but they will also build life skills along the way. As head coach I am looking for skilled players that have a tireless work ethic, competitive spirit, a team first mentality and ones that are ready to maximize everyday we are together. The coaching staff will be determined after the team is set.

Competitive hockey demands a commitment from players and parents, with an expectation of committing at least 3-5 days per week to the team. Attendance for team activities, including games, practices, off-ice training, community events, and fundraising opportunities will be mandatory.

Expected Fees for this season will be approx. \$1,450 (\$950 RAMS fee, plus \$500 team fee) in addition to the SMHA registration fee. Sponsorship and fundraising will be needed to ensure a successful season.

Important Season Dates:

- League start: Oct 16th
- Oct 31st (Halloween) Black out after 4pm = no hockey
- Stittsville RAMS Day: Sat, Nov 7th (All Rams Rep B teams play this day)
- League Christmas break: Dec 21st – Jan 3rd
- League Regular Season End Date: Feb 7th
- Playoffs dates – Feb 12th – Mar 31st
- March Break - March 12th to 6pm on March 21st – Black out period = no mandatory hockey

Tournament Schedule (2 local / 3 away):

1. Oct 9 - 11, 2026 – Best of the Best (Halton Hills ON)
2. Nov 20 – 22, 2026 – Regional Silver Stick (Northumberland ON)
3. Nov 27 – 29, 2026 - Rams Mid-Season Showdown (Bell Sensplex)
4. Dec 28 - 30, 2026 – Bell Capital Cup (Bell Sensplex)
5. Jan or Feb 2026 – Away TBD

Our competitive executive does a great job keeping everyone up to date with registration and tryout details; please check the website and social media posts regularly for all the details.

If you have any questions, comments, or concerns please do not hesitate to reach out.

I'm excited and looking forward to a great hockey season ahead. See you at the rink!

Shawn Cation
U12 Rep B, Rams Head Coach
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