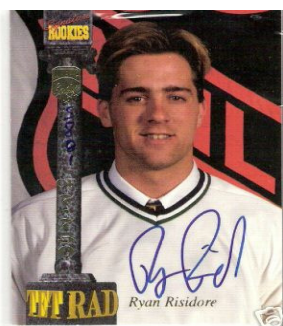




RISIDORE SKILLS DEVELOPMENT CAMP 2026

This camp is designed for Rep/Select players with their sights on higher levels of hockey in the immediate future. This camp will help the players reach their goals with the vast amounts of instruction and knowledge dispersed. The sessions will include 10 hours of on ice instruction and 20 hours of hockey specific off ice training. This is an intense program for hockey players that are interested in taking their hockey to the next level prior to the Rep / Select season.



Ryan Risidore

- Hamilton Steel - Head of player Development
- Former Hamilton Bulldog
- Pro-experience with Hartford Wolf, Springfield Falcons, Indianapolis Ice, & Columbus Cottonmouths
- Skate Canada Power Skating
- Selected by Hartford Whalers round 5 in the 1994 NHL Entry Draft

Location:	LIUNA 4 Ice Centre	
Dates:	Monday, August 17 to Friday, August 21, 2026	
Time:	Daily 8:30 am to 4:00 pm	
Ages:	Group # 1 (2015 to 2018)	Group # 2 (2012 to 2014)
Details:	Goalies will be required. Limited to 24 Skaters per group	
Price:	Regular Price: \$560 Family Price: \$510 (All prices include HST)	

Program Schedule

9:00 - 9:45 am	Off-Ice Training
9:45 - 10:15 am	Low Organizational Game/Nutrition Break
10:45 - 11:45 am	Power Skating & Puck Control
12:15 - 1:00 pm	Lunch (bagged)
1:00 - 2:15 pm	Ball Hockey, European Training Balls & LOG
3:00 - 4:00 pm	Individual Defense/Offensive Tactics/ SAG
4:30 pm	Parental Pick-up



What To Bring:

- Hockey duffle bag containing full equipment and hockey stick.
- A smaller duffle bag containing: Running Shoes (should be worn to camp) Lunch (including several snacks); Water Bottle; Sun screen; Baseball hat (optional); and Jacket.

HUSA Heads Up Sports Academy
710 Mountain Brow Blvd.
Hamilton, ON L8T 5A9

FOR MORE INFORMATION CALL
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Visit our website @ www.husa.ca