



Northumberland Jacks House League

5U Blast Ball

Rules and Regulations

Blast Ball aims to ensure that players have fun and learn the game in a safe way. It is essential that Coaches use the rules below in a manner consistent with these aims. The game outcome is not relevant in comparison to the practice of patience and good sportsmanship.

THE GAME

- Playing field will consist of first base (with a Horn), home plate where batter will hit from a "Tee".
- All defensive players will line up at least 40 feet from home plate.
- Any ball hit 10 feet from home plate will be considered a fair ball and batter shall run to 1st base.
- 1st base will be set at a distance of 50 feet.
- Length of the game can be decided between the coaches.
- No score or win/loss records will be kept.
- Additional bases can be added throughout the season at the discretion of the Convenor.

RULES

- Each team must have two coaches on the field of play at all time.
- No offensive player will be allowed on field without a helmet.
- Each team will bat its entire roster in each inning one complete time.
- Each turn at bat the batting order will be reversed.
- When at bat the object is to hit a fair ball, reach the base and sound a horn before the defensive team fields the ball, holds it above his head and yells "**BLAST!**"
- Each player will return to the bench after running to 1st base.
- Each batter will receive a maximum of **SIX (6)** swings in which to hit a fair ball. A fair ball is any ball between the foul lines and past the 10ft. fair ball arc in front of home plate.
- When on defense, all players will play a defensive position at least 40 feet from home plate. No player shall play catcher.
- Defense will consist of a determined set of infielders.
- Coaches will also serve as umpires.



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GAME FUNDAMENTALS

Scores / Standings Kept	No
Base Distance (feet)	First Base at 50' with horn. Additional bases can be added throughout the season at the discretion of the Convenor.
Pitcher's Mound Distance (feet)	N/A
Complete Game (innings)	N/A
Official Game (innings)	N/A
No new Inning starts after	N/A
Umpires	Coaches serve as Umpires
Mercy Runs (per inning)	N/A
Ties?	N/A
Call-ups permitted	N/A

BASE RUNNING

Leadoffs allowed	No
Stealing Allowed	N/A
Runner can advance on overthrows	N/A
Runner can advance to Home on Passed Ball / Wild Pitch	N/A
Run to First on dropped third strike	N/A



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HITTING

Permitted Bat Types	USA or USSSA Stamped
# of Batters	All players bat each inning
Bunts Allowed	No, batters must take a full swing.
Walks Allowed	N/A

DEFENCE

Infield Positions	All players will play a defensive position at least 40' from home plate. No catcher.
Outfield Positions	coaches discretion
# of Outs	Any number (all players hit through each offensive appearance)
Outs Made	All players must hit each inning. Outs can be made but all players hit each inning and run the bases, regardless.
Infield Fly Rule	N/A
Player Substitutions	N/A
Position Rotation	Coaches discretion

PITCHING

Pitching Machine Speed (mph)	N/A - players use a Tee
# of Pitches or Strikes and Balls	Maximum of SIX (6) swings to hit a fair ball. A fair ball is any ball between the foul lines and past the 10ft. fair ball arc in front of home plate.
# of Warm up Pitches	N/A
Pitcher Limit (Consecutive Outs per Appearance)	N/A
Pitcher Count Limit	N/A
Balks	N/A