

## **KDMHA Dressing Room Guidelines**

(revised October 30, 2024)

These guidelines were developed in an effort to provide safe dressing rooms for all players and volunteers within the KDMHA. These guideline rules must be upheld to the best of everyone's abilities.

- As per Hockey Eastern Ontario (HEO), Ontario Women's Hockey Association (OWHA) and Hockey Canada (HC) policy, all locker rooms must be supervised before and after all games and practices.

- During periods of supervision the "two deep" or "rule of two" must be in place<sup>1</sup>. This essentially means that as long as there is even one child/youth/player still in the dressing room it must be monitored by two qualified adults.

- The two adults monitoring the dressing room should ideally be two members of the bench staff who have a current VSC. In the event this is not possible a team could use one bench staff and a "Den Mom/Dad/Parent/Guardian" who has provided their current VSC, completed their respect in sport for activity leaders certification, and gender diversity course, for the purposes of helping to monitor the dressing room. In the event this is not possible the bench staff could use one VSC verified bench staff/Den Mom/Dad/Parent/Guardian and the parent of the child as the second adult (ex. Player injury during a game/practice requires trainer assessment, the trainer could assess the player in the dressing as long as the player's parent was present as the second adult).

- Supervision should always be provided directly in the dressing room. In the event this would not be possible for a particular reason, the bare minimum would be two adults directly outside the dressing room door with the door completely open.

- It will be the responsibility of the bench staff to scan the dressing room before and after use to ensure it has been properly respected and cleaned.

### -Minimum Attire Requirements<sup>2</sup>:

- All participants are to use Minimum Attire for use of the Dressing Room or in Dressing Environments where more than one participant is present and the solutions for implementation will be determined by the Team.

- It is the responsibility of all coaches and team staff to instruct players regarding the Minimum Attire and ensure that players have methods including but not limited to:

- arriving at the rink wearing Minimum Attire;
- utilizing an appropriate private space to change into Minimum Attire (e.g. private restroom stalls, empty dressing room etc.); or
- using a towel to cover up while changing into Minimum Attire.

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<sup>1</sup> Hockey Canada Dressing Room Policy.

<https://cdn.hockeycanada.ca/hockey-canada/Hockey-Programs/Safety/Downloads/dressing-room-policy-e.pdf>

<sup>2</sup> Hockey Canada Dressing Room Policy.

<https://cdn.hockeycanada.ca/hockey-canada/Hockey-Programs/Safety/Downloads/dressing-room-policy-e.pdf>

-Definition of Minimum Attire:

This is clothing or a base layer that covers the pelvic region (ideally coverage would be from waist to upper thigh but, at a minimum there needs to be coverage of the buttocks and genitalia) and the chest area of the participant. Ideally Minimum Attire above the waist should include clothing or a base layer covering most of the body between the neck and the waistline, it must, at a minimum, include clothing that covers most of the upper torso, such as a sports bra.”<sup>3</sup>

- As cellphones allow for the recording of images and video it will be prohibited to use any cellphone, camera, recording device in any dressing room. As cellphones are often used to connect bluetooth speakers for pre-game music in the dressing rooms, this will be permissible if the speaker and cellphone are paired outside of the dressing room. Any playlist/song adjustments can be done on the phone outside of the dressing room, not from within.<sup>4</sup>

- Any observed or reported disregard to these guidelines would require a meeting with the offending team’s Head Coach, and Manager, to address the concerns. A warning would be given for a first offence, a two-week suspension for a second offense, and a one year suspension for a third offense.

Any concerns in regards to these guidelines can be addressed to [riskandsafety@kemptonhockey.com](mailto:riskandsafety@kemptonhockey.com).

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<sup>3</sup> OWHHA dressing room and minimum attire guidelines

<https://cloud.rampinteractive.com/whaontario/files/Forms%20and%20Policies/2024-2025%20Policies/Dressing%20Room%20Policy-final%20%28July%203%2C%202024%29.pdf>

<sup>4</sup> <https://www.hockeysteamontario.ca/media/4gxe4lfy/ontario-dressing-room-policy.pdf>

## **REFERENCES**

- Hockey Canada Dressing Room Policy.

<https://cdn.hockeycanada.ca/hockey-canada/Hockey-Programs/Safety/Downloads/dressing-room-policy-e.pdf>

- Regarding equal access to safe dressing rooms for all players based on their individually identified needs, please reference

HEO's policy. [https://www.hockeyeasternontario.ca/media/5nvkpfll/heo\\_dressing\\_room\\_policy.pdf](https://www.hockeyeasternontario.ca/media/5nvkpfll/heo_dressing_room_policy.pdf)

-In regard to more detailed information on 2 Deep, minimum attire, showers, and other dressing room specifics, please see HEO's and OWHA's most recent policy based off Hockey Canada's recommendations.

<https://www.hockeyeasternontario.ca/media/4gxe4lfy/ontario-dressing-room-policy.pdf>

-Hockey Ontario dressing room guideline FAQ

<https://www.hockeyeasternontario.ca/media/mwpaijn1/dressing-room-policy-frequently-asked-questions.pdf>

-OWHA dressing room and minimum attire guidelines

<https://cloud.rampinteractive.com/whaontario/files/Forms%20and%20Policies/2024-2025%20Policies/Dressing%20Room%20Policy-final%20%28July%203%2C%202024%29.pdf>