

SAFETY PROGRAM TOPICS

Safety Person's Responsibilities and Safety Person's Code of Ethics

This section provides an overview of the roles and responsibilities of the Safety Person. In completing this module the participant obtains a clearer picture of what will be expected of them when they return to their teams.

Participants will also discuss the code of ethics which specifically relates to the Safety Person. Much like the fair play codes introduced for referees, coaches, and participants these codes help to guide the Safety Person as to what is acceptable and unacceptable conduct.

Fair Play

In this module participants are introduced to the universal concept of Fair Play and its impact on the game. Fair Play codes for players, parents, coaches, officials, spectators and league administrators are included along with the opportunity to develop a Fair Play Code for Safety People.

Risk Management

As the participant works through this module they will become more familiar with the steps in the risk management process, as well as their roles in creating an effective risk management program within their own teams.

Medical History Files

Medical history forms, insurance forms, and injury recording are all important responsibilities of the teams Safety Person. This section of the program will allow the instructor to explain these forms and their importance on any team.

First Aid Kit

A Safety Person must always have a fully stocked first aid kit on hand during all games, practices and off-ice training sessions. This module identifies the items the Safety Person should include in their kits. Also included in this section is information regarding universal precautions which is a set of guidelines for handling body fluids properly.

Bullying, Harassment and Abuse

Derived from the 'Speak Out' Program this module gives a condensed look at bullying, harassment and abuse and talks about specific topics such as supervisory roles as they relate to being a Safety Person.

Emergency Action Plan

Every team must have an effective plan in place to react in the event of a serious injury. This module will train the participant to plan and implement an emergency action plan for their team.

Protective Equipment

Proper fitting, protective quality, and proper equipment maintenance are all discussed in this portion of the program. This section helps the Safety Person offer advice to the parents and player's of their teams regarding hockey equipment. Player and team hygiene are also important topics covered in this module.

Injury Prevention Techniques

This section describes the general principles of conditioning and offers valuable information on proper warm up and cool down techniques.

Injury Management

Although this program is not a first aid course, this section will briefly discuss injury assessment, loss of consciousness, spinal injuries, concussions and soft tissue injuries. We stress to all participants that they should complete a first aid course to increase their knowledge in this area.

Return to Play

There is always a question of when a player should return to play following an injury. This section gives specific guidelines on return to play policies of Hockey Canada.

Special Topics

This section covers several topics which are of interest to any person taking on the role of Safety Person. Topics include Nutrition and Hydration, Team and Personal Hygiene, Performance enhancing drugs, and H.I.V.