

O 6+ Hockey

Rules and Regulations 4/22/2024

Follow USA hockey rules and the following:

Insurance:

- All players are required to be insured through AAU
- All players are required to complete the O 6+ Hockey LLC Waiver Consent form

Disciplinary:

- Any player receiving 3 penalties, the player is ejected for that game only.
- Discipline board is comprised of a team elected representative from each team
- Discipline board can add or subtract to penalties and refs will be reviewed if complaints are submitted.

Game Officials:

- Two ref's, no score keeper per game (assigned by the league)
- Ref's will keep score and penalties and turn into league for posting
- Refs will be paid cash prior to the start of the game, \$70 per ref, each team pays 1 ref.
- In the event only 1 ref shows, the rate will be \$100, each team pays 1/2
- individual stats will not be kept by the refs, except for penalties
- Penalties will be 3 minutes in length from the time of the call

Game and Scoring

- The game will consist of (3) 20 minute run time periods, no stop time
 - The first period starts when the Zamboni has vacated the ice, the doors are closed, and the officials have entered the ice surface and started the clock
 - Pregame Warm ups shall be limited to 2-1/2 minutes, please have your team ready
- Curfews time will be used as enforced by the individual rinks
- Mercy Rule: up by 6 goals top three players from team that is winning switch with three from the team losing for the game

- Overtime: If time allows, 3 player shootout, then move to additional rounds as needed. No repeat players until the amount of shooters has reached the lowest number of players of either team.
- 2 points will be awarded for a win, 1 point per team for ties
- Standing tie breakers as follows:
 - Head to head
 - Goals against
 - Goals for
 - Coin Flip

Playoffs:

- Single elimination Bracket play, no re-seeding
- No rule changes, except a winner must be established

Teams and Rosters:

- Roster shall be turned in and maintained. Players can be added up till Thanksgiving roster freeze
- All players must be on the roster or an approved sub by the opposing team
- Subs from other teams are allowed as long as not top three players. The intention is to ensure there are enough players to play the game, not better your team. Must be down to less than 10 players for use of non-rostered subs.
- Goalies can be under 40 but shall be skill level appropriate and registered with AAU. Collegiate players under 40 not allowed.
- Discipline board can add or subtract to penalties. They can remove a ref if complaints warrant it from doing games.