

PRACTICE PLAN

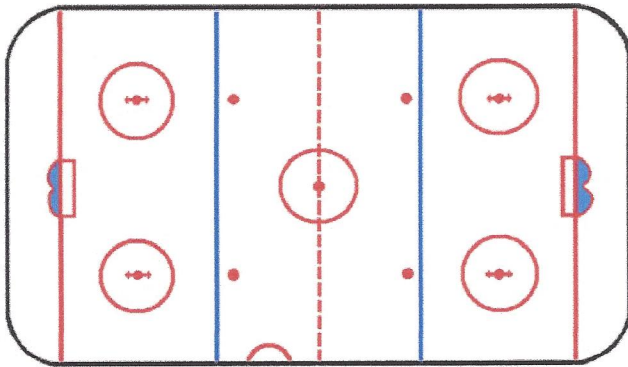
TEAM: _____ LEVEL: _____ DATE: ____ / ____ / ____

WARM UP

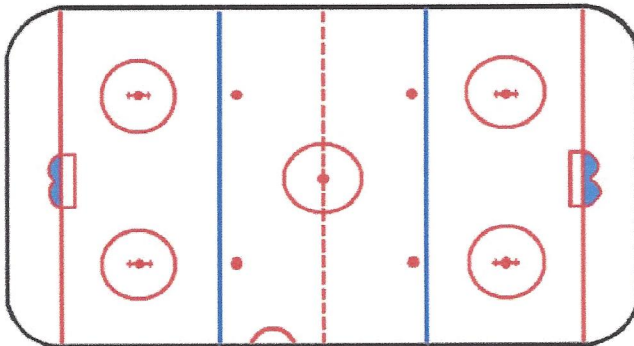
1. _____ 2. _____

3. _____ 4. _____

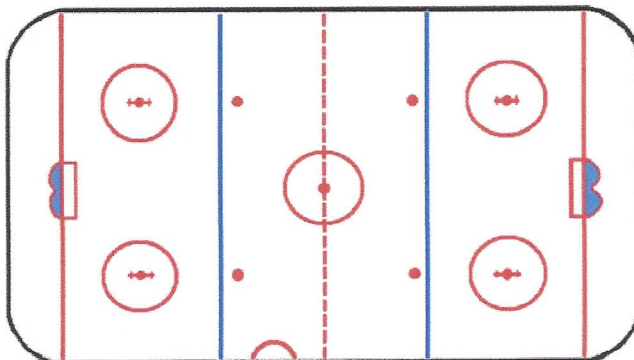
PRACTICE



Drill: _____



Drill: _____



Drill: _____
