



SPECIFIC RULES FOR THE BOYS 11-12 DIVISION

The league rules shall conform to National Federation High School Baseball Rules with the following exceptions: Ground rules should be discussed between the umpire and head coaches 5 minutes before the start of the game.

Coaches will exchange batting orders before the game. Lineup will consist of players that are present before the start of the game. Coaches will make the opposing coach aware of any player(s) that may show up after the game starts. If a player shows up after the game has started they will be added to the end of the lineup and the coach will let the opposing coach and umpire know of the addition.

All players will be entered in the batting order and every player will play at least two (2) innings in the field. Nine (9) players will play in the field.

No player may play in the same position more than three (3) innings per game.

If a batter in the lineup cannot bat due to injury there will be no penalty given however if a player leaves the game for any reason besides injury then a recorded out will be given in that vacated spot in the lineup for the rest of the game.

Starting of the game (6:00PM) is forfeit time. A game will end after Six (6) innings or (2) hours, whichever comes first. Innings begin immediately after the third out of the previous inning. No inning shall start after the 2 hour time limit. A minimum of three (3) innings will count as a complete game. If you are in the middle of an inning, you must finish that inning. Games can end in a tie.

Each team will have 5 minutes of infield practice before the game – Away Team 5:45-5:50 PM and Home Team 5:50-5:55PM.

All teams must have seven (7) players to start the game. If both coaches agree, the game may be played with less than seven (7) players.

Coaches can call for a time out and enter the field to talk to or change pitchers. Coaches can only do this twice (2) per inning per pitcher. After entering the field twice (2) to talk to a pitcher, that pitcher must be removed until a new inning.

Coaches will not be allowed on the playing field during the game with the exception of base coaching from 1st or 3rd base when their team is up to bat.

No defensive coaches are allowed on the playing field except in the case of an injury when the ball is in play.

Pitchers can pitch a maximum of 3 innings per game – One pitch in an inning shall constitute a full inning pitched. The three innings do not have to be consecutive.

Three (3) swinging strikes is an out. The batter is automatically out when a third strike is called by the umpire, regardless if the catcher catches the ball.

Bases will be 65 ft apart, with the pitcher's rubber 50 ft from the plate.

Five (5) runs maximum are allowed per team per inning. As soon as a team scores their fifth run in an inning the umpire will call time and the inning will end. The five run rule does not apply in the 5th and 6th innings.

Mercy Rule: Teams leading by 10 or more runs after the completion of 5 innings will result in a mercy. There are no appeal plays on failure to touch a base or tag up on a fly ball. The umpire will make the call without appeal.

Fake tags are not allowed. The fielder will be warned and the runner will be awarded an extra base.

If a fielder has possession of the ball and is in a position to tag a runner, the runner must slide or attempt to avoid the tag. If the fielder blocks the base path without the ball, the runner is awarded the base or bases by judgment of the umpire.

A play is dead when the ball reaches the pitching circle. Runners may not advance on a passed ball thrown back to the pitcher from the catcher between pitches.

Unlimited field substitutions are allowed. Base running substitutions are only allowed in the event of an injury. No intentional walks allowed.

Bunting is not allowed.

The infield fly rule is not in effect in this division.

There is NO leading off.

Stealing is allowed. A runner may leave the base once the ball has left the pitcher's hand. If a runner leaves the base before the ball leaves the pitcher's hand it will result in one (1) team warning. Any further instances will result in an automatic out and that player will be removed from the bases.

No practice swings may be taken by any player until they have entered the batter's box on the field. If this happens the team will be given a warning. If it happens a 2nd time the team will take an automatic out for that inning.

Players throwing bats will result in one (1) team warning. Any further instances of thrown bats will result in an automatic out. Any player found to throw any equipment in an act of aggression, at the judgment of the umpire, will result in an immediate ejection from the game and the team will record an automatic out for their place in the lineup.

All players will play in the proper positions at all times.

Home team will provide game balls – one (1) new and one (1) used in good condition.

Helmets must be worn at all times by runners while on the playing field whether the ball is live or dead. The first violation of the helmet rule results in a team warning. The second violation results with an out being charged against the team.

All male participants are mandated to wear a protection cup.

League provided uniforms, shirts and hats only. All players must have their own glove and batting helmet.

Uniforms will not be altered in any way (example putting names on back of shirts, hats, etc.). If this happens the team will forfeit any wins for the entire season.

Any players intimidating other players shall be ejected from the game based on the umpire's discretion.

The following are important SAFETY RULES:

- 1. Players are encouraged to wear pants during the games**
- 2. A batter shall be called out if he takes his place in the batter's box without a helmet.
Helmets must be worn by the players at bat at all times while he is on the field of play.**
- 3. Shoes with metal cleats are not allowed.**
- 4. Sandals are not allowed. No exceptions. Players must be wearing tennis shoes or cleats to play.**
- 5. Wood bats are not allowed**
- 6. The catcher must use a helmet, mask, chest protector, shin guards, and protection cup. 7. Baseball bats only are to be used.**
- 8. Any player warming up a pitcher must wear all required catcher equipment.**
- 9. No jewelry or watches may be worn by any player**
- 10. Players (pitchers excluded) and batters may wear sunglasses. A pitcher may only wear clear lens glasses if they are prescription.**
- 11. The pitcher may not wear any wristbands or batting gloves on either hand or arm while pitching. No white, gray, or yellow undergarments may be worn by a pitcher on the mound.**

Any board member shall cancel games due to inclement weather or unplayable fields. If possible the decisions to play will be made one hour prior to the start of the game. Once the game begins rainouts will be called by the umpire.

Rainouts will not be made up.

Any harassment (whether verbal or physical, overt or implied) of umpires is forbidden. Coaches and players who do not comply shall be subject to expulsion from the league after review by the League Director. It is the coach's responsibility to ensure that the parents and fans comply also. Failure to do so can result in ejection from that game and the next scheduled game and forfeiture of the game based on umpire decision. ZERO TOLERANCE!

RULES AND GUIDELINES FOR COACHES

Be organized. Have your line-up ready and your players prepared to play when it is time for the game to begin. Have your catcher ready each inning when it is time for your team to take the field. Require your players to hustle on and off the field between innings.

Coaches must refrain from making calls such as "ball", "strike", "out", "safe", before the umpire has made their call. The first violation will result in a warning; the second violation will result in removal from the game and a minimum one (1) game suspension.

Any discussion with the umpire will include both coaches and all umpires.

The area directly behind the catcher should be clear of players, coaches, and fans

There is NO smoking of ANY kind on the field or in proximity to the field during games and practice. Smoking of ANY kind is NOT allowed on Flushing Baseball premises.

Coaches are responsible for the conduct of themselves, their players, their team parents, and fans. If there is a problem with a parent or fan you should warn them and/or get assistance from a league representative.

Set the tone. Make the game fun for everyone involved. Applaud good plays and good effort by your own players and opponents. Encourage boys who are discouraged. Have fun!

Only coaches and scorekeepers are allowed in the bench area during the game. Coaches must attempt to maintain an orderly and safe bench environment at all times.

Please make sure the bench area is cleaned up after each game. Also, encourage your fans to pick up after themselves at all times.

THESE RULES ARE MADE FOR THE GOOD OF THE LEAGUE AND IN THE BEST

INTEREST OF THE PLAYERS Revised August 2025