

Football Newfoundland and Labrador's

Player Code of Conduct

Updated on February 9, 2026





Player Code of Conduct

Only the highest standard of sportsmanship and conduct, both on and off the field, are expected of all those participating in the Atlantic Bowl.

General Guidelines:

Players are expected to conduct themselves in a respectful manner at all times. Adherence to the rules and guidelines as specified here and/or by FNL's coaches and managers are required for participation in this program.

Demonstrating a positive attitude. Players, parents, and coaches are expected to show a positive, respectful attitude for everyone involved in the sport.

Setting a good example. Each person associated with Team NL is accountable for his/her own behavior at all times on or off the field of play. Parents, coaches and other adults should remember that our players learn by example - it is up to the adults to set good examples.

Please check each box after reading.

It is a privilege to play on a Provincial Football Team. As a Team NL player, I will:

- Represent my Province with honour and act respectfully at all times.
- Be a good teammate. Give my best effort. Offer encouragement to others. Work for the betterment of our team.
- Respect coaches, volunteers and teammates.
- Be prepared and on time for team tryouts, practices and activities. On time means ready to go at your scheduled time. Being prepared means having appropriate gear and learning new plays.
- Make every effort to attend all tryouts and practices. This is a Provincial Team and consistent attendance is required.
- Communicate with coaches/managers when unable to attend tryouts and practices.
- Maintain accurate attendance in TeamLinkt app.
- Understand that chronic, unexcused absenteeism and unpreparedness could result in my removal from the team without refund.
- Keep my phone in my bag so that it is not a distraction.
- Respect all equipment and facilities provided for my use.
- Not be in possession of pre-workout drinks, energy drinks, vapes, cigarettes, drugs, or alcohol.
- Not use any wide-spread social media communication channels to communicate any offensive, abusive or insulting remarks towards any other player, official, parent, coaches, team support staff or executive members.